



38. SOLA-Stafette

Zürich / 07.05.2011

□□□□

ETH juniors

□□: Alumni

□□: 630

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 9:29:22

□□: 12.22 km/h

□□□□: 4:55 min/km

□□□□□: 137 (of 790)

□□□□□□: 6:52:28

□□□□□: 125(of 313)

□□□□□□□: 6:52:28

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		4:17	29	3:03	34	3:03	4.40	18:52	4:17	1	18:52	1	18:52
Buchlern	13.25		4:29	164	16:27	265	16:27	17.65	1:18:20	4:26	1	1:18:20	1	1:18:20
Uetliberg	6.20		5:39	132	9:27	204	9:27	23.85	1:53:23	4:45	1	1:53:23	1	1:53:23
Felsenegg	5.90		4:58	156	9:23	267	9:23	29.75	2:22:43	4:47	1	2:22:43	1	2:22:43
Buchlern	14.02		4:27	108	14:42	160	14:42	43.77	3:25:13	4:41	1	3:25:13	1	3:25:13
Hönggerberg	11.10		4:36	84	11:58	137	11:58	54.87	4:16:20	4:40	1	4:16:20	1	4:16:20
Irchel	5.10		4:45	113	7:29	176	7:29	59.97	4:40:35	4:40	1	4:40:35	1	4:40:35
Fluntern	6.34		4:48	132	8:44	203	8:44	66.31	5:11:07	4:41	1	5:11:07	1	5:11:07
Forch	11.30		5:05	185	18:48	322	18:48	77.61	6:08:35	4:44	1	6:08:35	1	6:08:35
Egg	8.75		4:30	63	7:16	80	7:16	86.36	6:48:02	4:43	1	6:48:02	1	6:48:02
Zumikon	12.99		5:15	222	21:20	405	21:20	99.35	7:56:21	4:47	1	7:56:21	1	7:56:21
Witikon	6.91		5:06	259	14:14	563	14:14	106.26	8:31:37	4:48	1	8:31:37	1	8:31:37
Fluntern	4.90		5:17	239	9:36	441	9:36	111.16	8:57:32	4:50	1	8:57:32	1	8:57:32
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		5:38	278	13:11	630	13:11	116.80	9:29:22	4:52	128	2:37:26	145	2:37:26