



38. SOLA-Stafette

Zürich / 07.05.2011

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FastFood

□□: Alumni
□□: 632

□□: 116.80 km
Sola-Stafette

□□□□:
Schnelle

□□□: 8:39:55

□□: 13.39 km/h
□□□□: 4:29 min/km

□□□□□: 35 (of 790)

□□□□□□: 6:52:28

□□□□□: 35(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		4:39	74	4:41	110	4:41	4.40	20:30	4:39	1	20:30	1	20:30
Buchlern	13.25		4:03	72	10:50	91	10:50	17.65	1:14:21	4:12	1	1:14:21	1	1:14:21
Uetliberg	6.20		5:56	188	11:17	323	11:17	23.85	1:51:14	4:39	1	1:51:14	1	1:51:14
Felsenegg	5.90		4:41	92	7:46	141	7:46	29.75	2:18:57	4:40	1	2:18:57	1	2:18:57
Buchlern	14.02		4:21	93	13:22	130	13:22	43.77	3:20:07	4:34	1	3:20:07	1	3:20:07
Hönggerberg	11.10		5:02	181	16:45	320	16:45	54.87	4:16:01	4:39	1	4:16:01	1	4:16:01
Irchel	5.10		4:41	104	7:09	160	7:09	59.97	4:39:56	4:40	1	4:39:56	1	4:39:56
Fluntern	6.34		3:41	8	1:34	8	1:34	66.31	5:03:18	4:34	1	5:03:18	1	5:03:18
Forch	11.30		4:44	118	14:59	167	14:59	77.61	5:56:57	4:35	1	5:56:57	1	5:56:57
Egg	8.75		4:17	34	5:20	42	5:20	86.36	6:34:28	4:34	1	6:34:28	1	6:34:28
Zumikon	12.99		4:14	38	8:13	42	8:13	99.35	7:29:40	4:31	1	7:29:40	1	7:29:40
Witikon	6.91		4:25	146	9:31	249	9:31	106.26	8:00:13	4:31	1	8:00:13	1	8:00:13
Fluntern	4.90		3:45	19	2:05	24	2:05	111.16	8:18:37	4:29	1	8:18:37	1	8:18:37
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Irchel	5.64		3:46	24	2:39	27	2:39	116.80	8:39:55	4:27	36	1:47:59	39	1:47:59