



38. SOLA-Stafette

Zürich / 07.05.2011

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FIXTRITT

□□: Alumni

□□: 636

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 8:14:48

□□: 14.16 km/h

□□□□: 4:16 min/km

□□□□□: 24 (of 790)

□□□□□□: 6:52:28

□□□□□: 24(of 313)

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		4:42	77	4:55	114	4:55	4.40	20:44	4:42	1	20:44	1	20:44
Buchlern	13.25		4:00	59	10:10	73	10:10	17.65	1:13:55	4:11	1	1:13:55	1	1:13:55
Uetliberg	6.20		5:19	70	7:26	98	7:26	23.85	1:46:57	4:29	1	1:46:57	1	1:46:57
Felsenegg	5.90		4:53	139	8:56	228	8:56	29.75	2:15:50	4:33	1	2:15:50	1	2:15:50
Buchlern	14.02		3:42	11	4:06	12	4:06	43.77	3:07:44	4:17	1	3:07:44	1	3:07:44
Hönggerberg	11.10		4:11	27	7:22	37	7:22	54.87	3:54:15	4:16	1	3:54:15	1	3:54:15
Irchel	5.10		4:03	26	3:57	34	3:57	59.97	4:14:58	4:15	1	4:14:58	1	4:14:58
Fluntern	6.34		4:02	21	3:50	24	3:50	66.31	4:40:36	4:13	1	4:40:36	1	4:40:36
Forch	11.30		4:38	101	13:46	139	13:46	77.61	5:33:02	4:17	1	5:33:02	1	5:33:02
Egg	8.75		4:46	105	9:35	148	9:35	86.36	6:14:48	4:20	1	6:14:48	1	6:14:48
Zumikon	12.99		4:19	47	9:10	56	9:10	99.35	7:10:57	4:20	1	7:10:57	1	7:10:57
Witikon	6.91		3:26	15	2:42	15	2:42	106.26	7:34:41	4:16	1	7:34:41	1	7:34:41
Fluntern	4.90		3:33	10	1:08	12	1:08	111.16	7:52:08	4:14	1	7:52:08	1	7:52:08
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Irchel	5.64		4:01	37	4:01	44	4:01	116.80	8:14:48	4:14	25	1:22:52	27	1:22:52