



# 38. SOLA-Stafette

Zürich / 07.05.2011

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## Front Runners

□□: Alumni

□□: 639

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 9:28:28

□□: 12.24 km/h

□□□□: 4:54 min/km

□□□□□: 133 (of 790)

□□□□□□: 6:52:28

□□□□□: 124(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		6:17	290	11:52	693	11:52	4.40	27:41	6:17	1	27:41	1	27:41
Buchlern	13.25		4:27	160	16:05	251	16:05	17.65	1:26:47	4:55	1	1:26:47	1	1:26:47
Uetliberg	6.20		5:43	144	9:53	232	9:53	23.85	2:02:16	5:07	1	2:02:16	1	2:02:16
Felsenegg	5.90		4:32	69	6:50	90	6:50	29.75	2:29:03	5:00	1	2:29:03	1	2:29:03
Buchlern	14.02		4:46	169	19:07	298	19:07	43.77	3:35:58	4:56	1	3:35:58	1	3:35:58
Hönggerberg	11.10		5:10	206	18:13	383	18:13	54.87	4:33:20	4:58	1	4:33:20	1	4:33:20
Irchel	5.10		5:14	188	9:58	340	9:58	59.97	5:00:04	5:00	1	5:00:04	1	5:00:04
Fluntern	6.34		4:47	126	8:33	193	8:33	66.31	5:30:25	4:58	1	5:30:25	1	5:30:25
Forch	11.30		4:33	81	12:46	110	12:46	77.61	6:21:51	4:55	1	6:21:51	1	6:21:51
Egg	8.75		4:23	43	6:14	53	6:14	86.36	7:00:16	4:51	1	7:00:16	1	7:00:16
Zumikon	12.99		5:02	188	18:33	307	18:33	99.35	8:05:48	4:53	1	8:05:48	1	8:05:48
Witikon	6.91		5:08	263	14:27	575	14:27	106.26	8:41:17	4:54	1	8:41:17	1	8:41:17
Fluntern	4.90		4:41	145	6:39	212	6:39	111.16	9:04:15	4:53	1	9:04:15	1	9:04:15
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Irchel	5.64		4:17	62	5:34	91	5:34	116.80	9:28:28	4:52	127	2:36:32	140	2:36:32