



# 38. SOLA-Stafette

Zürich / 07.05.2011

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## GaudiRunners

□□: Alumni  
□□: 640

□□: 116.80 km  
Sola-Stafette

□□□□:  
Schnelle

□□□: 9:39:29

□□: 12.01 km/h  
□□□□: 5:00 min/km

□□□□□: 182 (of 790)

□□□□□□: 6:52:28

□□□□□: 159(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		6:07	280	11:09	661	11:09	4.40	26:58	6:07	1	26:58	1	26:58
Buchlern	13.25		4:46	232	20:20	451	20:20	17.65	1:30:19	5:07	1	1:30:19	1	1:30:19
Uetliberg	6.20		6:05	210	12:12	386	12:12	23.85	2:08:07	5:22	1	2:08:07	1	2:08:07
Felsenegg	5.90		5:20	216	11:33	416	11:33	29.75	2:39:37	5:21	1	2:39:37	1	2:39:37
Buchlern	14.02		4:03	40	9:05	45	9:05	43.77	3:36:30	4:56	1	3:36:30	1	3:36:30
Hönggerberg	11.10		5:06	198	17:35	363	17:35	54.87	4:33:14	4:58	1	4:33:14	1	4:33:14
Irchel	5.10		4:55	144	8:23	237	8:23	59.97	4:58:23	4:58	1	4:58:23	1	4:58:23
Fluntern	6.34		4:04	23	3:59	26	3:59	66.31	5:24:10	4:53	1	5:24:10	1	5:24:10
Forch	11.30		4:21	50	10:38	65	10:38	77.61	6:13:28	4:48	1	6:13:28	1	6:13:28
Egg	8.75		6:07	292	21:23	689	21:23	86.36	7:07:02	4:56	1	7:07:02	1	7:07:02
Zumikon	12.99		4:37	102	13:10	138	13:10	99.35	8:07:11	4:54	1	8:07:11	1	8:07:11
Witikon	6.91		4:48	231	12:09	450	12:09	106.26	8:40:22	4:53	1	8:40:22	1	8:40:22
Fluntern	4.90		5:44	270	11:50	573	11:50	111.16	9:08:31	4:56	1	9:08:31	1	9:08:31
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Irchel	5.64		5:29	266	12:19	583	12:19	116.80	9:39:29	4:57	162	2:47:33	191	2:47:33