



# 38. SOLA-Stafette

Zürich / 07.05.2011

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Google

□□: Alumni  
□□: 642

□□: 116.80 km  
Sola-Stafette

□□□□:  
Schnelle

□□□: 10:06:54

□□: 11.47 km/h  
□□□□: 5:14 min/km

□□□□□: 353 (of 790)

□□□□□□: 6:52:28

□□□□□: 240(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		6:11	283	11:25	669	11:25	4.40	27:14	6:11	1	27:14	1	27:14
Buchlern	13.25		4:40	214	18:55	383	18:55	17.65	1:29:10	5:03	1	1:29:10	1	1:29:10
Uetliberg	6.20		5:56	184	11:12	315	11:12	23.85	2:05:58	5:16	1	2:05:58	1	2:05:58
Felsenegg	5.90		4:31	66	6:43	83	6:43	29.75	2:32:38	5:07	1	2:32:38	1	2:32:38
Buchlern	14.02		4:20	89	13:06	122	13:06	43.77	3:33:32	4:52	1	3:33:32	1	3:33:32
Hönggerberg	11.10		5:08	205	18:00	378	18:00	54.87	4:30:41	4:55	1	4:30:41	1	4:30:41
Irchel	5.10		3:44	7	2:21	8	2:21	59.97	4:49:48	4:49	1	4:49:48	1	4:49:48
Fluntern	6.34		4:09	30	4:33	36	4:33	66.31	5:16:09	4:46	1	5:16:09	1	5:16:09
Forch	11.30		5:19	227	21:28	442	21:28	77.61	6:16:17	4:50	1	6:16:17	1	6:16:17
Egg	8.75		6:40	308	26:16	754	26:16	86.36	7:14:44	5:02	1	7:14:44	1	7:14:44
Zumikon	12.99		5:45	286	27:47	618	27:47	99.35	8:29:30	5:07	1	8:29:30	1	8:29:30
Witikon	6.91		4:36	191	10:50	335	10:50	106.26	9:01:22	5:05	1	9:01:22	1	9:01:22
Fluntern	4.90		6:25	303	15:11	722	15:11	111.16	9:32:52	5:09	1	9:32:52	1	9:32:52
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Irchel	5.64		6:02	303	15:23	711	15:23	116.80	10:06:54	5:11	245	3:14:58	370	3:14:58