



38. SOLA-Stafette

Zürich / 07.05.2011

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Highmoonwalkers

□□: Alumni

□□: 645

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 9:58:49

□□: 11.62 km/h

□□□□: 5:10 min/km

□□□□□: 290 (of 790)

□□□□□□: 6:52:28

□□□□□: 214(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		4:34	59	4:18	83	4:18	4.40	20:07	4:34	1	20:07	1	20:07
Buchlern	13.25		4:54	253	21:58	518	21:58	17.65	1:25:06	4:49	1	1:25:06	1	1:25:06
Uetliberg	6.20		5:56	187	11:16	322	11:16	23.85	2:01:58	5:06	1	2:01:58	1	2:01:58
Felsenegg	5.90		4:53	142	8:57	233	8:57	29.75	2:30:52	5:04	1	2:30:52	1	2:30:52
Buchlern	14.02		4:50	188	20:05	333	20:05	43.77	3:38:45	4:59	1	3:38:45	1	3:38:45
Hönggerberg	11.10		5:12	213	18:44	406	18:44	54.87	4:36:38	5:02	1	4:36:38	1	4:36:38
Irchel	5.10		5:01	162	8:53	269	8:53	59.97	5:02:17	5:02	1	5:02:17	1	5:02:17
Fluntern	6.34		5:23	250	12:23	513	12:23	66.31	5:36:28	5:04	1	5:36:28	1	5:36:28
Forch	11.30		5:48	288	26:59	641	26:59	77.61	6:42:07	5:10	1	6:42:07	1	6:42:07
Egg	8.75		5:13	195	13:34	344	13:34	86.36	7:27:52	5:11	1	7:27:52	1	7:27:52
Zumikon	12.99		4:46	131	14:58	190	14:58	99.35	8:29:49	5:07	1	8:29:49	1	8:29:49
Witikon	6.91		4:18	121	8:46	199	8:46	106.26	8:59:37	5:04	1	8:59:37	1	8:59:37
Fluntern	4.90		5:56	282	12:46	629	12:46	111.16	9:28:42	5:06	1	9:28:42	1	9:28:42
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Irchel	5.64		5:20	252	11:28	536	11:28	116.80	9:58:49	5:07	220	3:06:53	305	3:06:53