



38. SOLA-Stafette

Zürich / 07.05.2011

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IETIS

□□: Alumni
□□: 648

□□: 116.80 km
Sola-Stafette

□□□□:
Schnelle

□□□: 10:31:24

□□: 11.10 km/h
□□□□: 5:27 min/km

□□□□□: 516 (of 790)

□□□□□□: 6:52:28

□□□□□: 282(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:24	206	7:58	393	7:58	4.40	23:47	5:24	1	23:47	1	23:47
Buchlern	13.25		4:31	181	17:03	300	17:03	17.65	1:23:51	4:45	1	1:23:51	1	1:23:51
Uetliberg	6.20		5:17	65	7:12	91	7:12	23.85	1:56:39	4:53	1	1:56:39	1	1:56:39
Felsenegg	5.90		6:36	306	19:03	742	19:03	29.75	2:35:39	5:13	1	2:35:39	1	2:35:39
Buchlern	14.02		5:14	262	25:48	541	25:48	43.77	3:49:15	5:14	1	3:49:15	1	3:49:15
Hönggerberg	11.10		5:04	190	17:16	348	17:16	54.87	4:45:40	5:12	1	4:45:40	1	4:45:40
Irchel	5.10		4:50	126	7:57	203	7:57	59.97	5:10:23	5:10	1	5:10:23	1	5:10:23
Fluntern	6.34		5:38	274	13:59	597	13:59	66.31	5:46:10	5:13	1	5:46:10	1	5:46:10
Forch	11.30		6:01	298	29:30	694	29:30	77.61	6:54:20	5:20	1	6:54:20	1	6:54:20
Egg	8.75		5:25	238	15:21	464	15:21	86.36	7:41:52	5:20	1	7:41:52	1	7:41:52
Zumikon	12.99		5:46	288	28:05	628	28:05	99.35	8:56:56	5:24	1	8:56:56	1	8:56:56
Witikon	6.91		5:41	299	18:18	710	18:18	106.26	9:36:16	5:25	1	9:36:16	1	9:36:16
Fluntern	4.90		4:52	177	7:36	277	7:36	111.16	10:00:11	5:23	1	10:00:11	1	10:00:11
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Irchel	5.64		5:32	270	12:34	600	12:34	116.80	10:31:24	5:24	289	3:39:28	534	3:39:28