



38. SOLA-Stafette

Zürich / 07.05.2011

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Kanönli

□□: Alumni
□□: 656

□□: 116.80 km
Sola-Stafette

□□□□:
Schnelle

□□□: 9:30:29

□□: 12.28 km/h
□□□□: 4:55 min/km

□□□□□: 140 (of 790)

□□□□□□: 6:52:28

□□□□□: 128(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		4:43	80	5:00	118	5:00	4.40	20:49	4:43	1	20:49	1	20:49
Buchlern	13.25		4:12	94	12:50	127	12:50	17.65	1:16:40	4:20	1	1:16:40	1	1:16:40
Uetliberg	6.20		5:11	50	6:33	67	6:33	23.85	1:48:49	4:33	1	1:48:49	1	1:48:49
Felsenegg	5.90		5:00	162	9:35	279	9:35	29.75	2:18:21	4:39	1	2:18:21	1	2:18:21
Buchlern	14.02		4:50	186	20:01	330	20:01	43.77	3:26:10	4:42	1	3:26:10	1	3:26:10
Hönggerberg	11.10		5:04	188	17:10	342	17:10	54.87	4:22:29	4:47	1	4:22:29	1	4:22:29
Irchel	5.10		5:25	222	10:54	416	10:54	59.97	4:50:09	4:50	1	4:50:09	1	4:50:09
Fluntern	6.34		4:52	149	9:09	238	9:09	66.31	5:21:06	4:50	1	5:21:06	1	5:21:06
Forch	11.30		5:33	264	24:03	555	24:03	77.61	6:23:49	4:56	1	6:23:49	1	6:23:49
Egg	8.75		4:52	124	10:26	187	10:26	86.36	7:06:26	4:56	1	7:06:26	1	7:06:26
Zumikon	12.99		4:59	176	17:52	277	17:52	99.35	8:11:17	4:56	1	8:11:17	1	8:11:17
Witikon	6.91		3:55	45	6:05	62	6:05	106.26	8:38:24	4:52	1	8:38:24	1	8:38:24
Fluntern	4.90		5:04	213	8:33	368	8:33	111.16	9:03:16	4:53	1	9:03:16	1	9:03:16
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Irchel	5.64		4:49	167	8:34	305	8:34	116.80	9:30:29	4:53	132	2:38:33	149	2:38:33