



# 38. SOLA-Stafette

Zürich / 07.05.2011

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## KENRenner

□□: Alumni  
□□: 662

□□: 116.80 km  
Sola-Stafette

□□□□:  
Schnelle

□□□: 9:45:05

□□: 11.90 km/h  
□□□□: 5:03 min/km

□□□□□: 207 (of 790)

□□□□□□: 6:52:28

□□□□□: 177(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:27	212	8:10	414	8:10	4.40	23:59	5:27	1	23:59	1	23:59
Buchlern	13.25		4:30	169	16:44	278	16:44	17.65	1:23:44	4:44	1	1:23:44	1	1:23:44
Uetliberg	6.20		5:44	146	9:57	235	9:57	23.85	1:59:17	5:00	1	1:59:17	1	1:59:17
Felsenegg	5.90		4:31	66	6:43	83	6:43	29.75	2:25:57	4:54	1	2:25:57	1	2:25:57
Buchlern	14.02		5:14	261	25:36	536	25:36	43.77	3:39:21	5:00	1	3:39:21	1	3:39:21
Hönggerberg	11.10		4:49	141	14:20	236	14:20	54.87	4:32:50	4:58	1	4:32:50	1	4:32:50
Irchel	5.10		6:44	300	17:37	729	17:37	59.97	5:07:13	5:07	1	5:07:13	1	5:07:13
Fluntern	6.34		4:26	69	6:22	93	6:22	66.31	5:35:23	5:03	1	5:35:23	1	5:35:23
Forch	11.30		4:48	130	15:45	188	15:45	77.61	6:29:48	5:01	1	6:29:48	1	6:29:48
Egg	8.75		5:24	235	15:11	456	15:11	86.36	7:17:10	5:03	1	7:17:10	1	7:17:10
Zumikon	12.99		5:05	195	19:08	324	19:08	99.35	8:23:17	5:03	1	8:23:17	1	8:23:17
Witikon	6.91		4:49	233	12:17	457	12:17	106.26	8:56:36	5:02	1	8:56:36	1	8:56:36
Fluntern	4.90		4:10	53	4:09	68	4:09	111.16	9:17:04	5:00	1	9:17:04	1	9:17:04
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Irchel	5.64		4:58	195	9:22	369	9:22	116.80	9:45:05	5:00	182	2:53:09	218	2:53:09