



38. SOLA-Stafette

Zürich / 07.05.2011

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Limmi-Sprinter

□□: Alumni

□□: 672

□□: 116.80 km

Sola-Stafette

□□□□□: DSQ (of 790)

□□□□□□: 6:52:28

□□□□:

Schnelle

□□□□□: DSQ(of 313)

□□□□□□: 6:52:28

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	km	□□	min/km	-	-	□□□	□□□	km	□□	min/km	-	-	□□□	□□□
Hönggerberg	4.40		4:57	118	6:01	192	6:01	4.40	21:50	4:57	1	21:50	1	21:50
Buchlern	13.25		5:04	277	24:18	602	24:18	17.65	1:29:09	5:03	1	1:29:09	1	1:29:09
Uetliberg	6.20	fehlt!	-	-	-	-	-	23.85	-	-	-	-	-	-
Felsenegg	5.90		5:16	204	11:10	383	11:10	29.75	2:00:16	4:02	1	2:00:16	1	2:00:16
Buchlern	14.02		4:38	147	17:10	233	17:10	43.77	3:05:14	4:13	1	3:05:14	1	3:05:14
Hönggerberg	11.10		5:37	264	23:13	577	23:13	54.87	4:07:36	4:30	1	4:07:36	1	4:07:36
Irchel	5.10		5:44	256	12:31	522	12:31	59.97	4:36:53	4:37	1	4:36:53	1	4:36:53
Fluntern	6.34		6:06	297	16:58	704	16:58	66.31	5:15:39	4:45	1	5:15:39	1	5:15:39
Forch	11.30		5:21	232	21:49	453	21:49	77.61	6:16:08	4:50	1	6:16:08	1	6:16:08
Egg	8.75		5:03	167	12:07	276	12:07	86.36	7:00:26	4:52	1	7:00:26	1	7:00:26
Zumikon	12.99		5:13	215	20:55	388	20:55	99.35	8:08:20	4:54	1	8:08:20	1	8:08:20
Witikon	6.91		4:26	156	9:42	265	9:42	106.26	8:39:04	4:53	1	8:39:04	1	8:39:04
Fluntern	4.90		4:45	157	6:59	234	6:59	111.16	9:02:22	4:52	1	9:02:22	1	9:02:22
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		4:52	178	8:51	327	8:51	116.80	-	-	-	-	-	-