



38. SOLA-Stafette

Zürich / 07.05.2011

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Los correcaminos

□□: Alumni

□□: 674

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 10:19:03

□□: 11.24 km/h

□□□□: 5:20 min/km

□□□□□: 429 (of 790)

□□□□□□: 6:52:28

□□□□□: 263(of 313)

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:06	156	6:39	259	6:39	4.40	22:28	5:06	1	22:28	1	22:28
Buchlern	13.25		3:53	38	8:29	45	8:29	17.65	1:13:58	4:11	1	1:13:58	1	1:13:58
Uetliberg	6.20		5:55	182	11:06	308	11:06	23.85	1:50:40	4:38	1	1:50:40	1	1:50:40
Felsenegg	5.90		5:53	277	14:49	624	14:49	29.75	2:25:26	4:53	1	2:25:26	1	2:25:26
Buchlern	14.02		6:05	306	37:40	741	37:40	43.77	3:50:54	5:16	1	3:50:54	1	3:50:54
Hönggerberg	11.10		4:58	168	16:08	296	16:08	54.87	4:46:11	5:12	1	4:46:11	1	4:46:11
Irchel	5.10		4:53	137	8:11	225	8:11	59.97	5:11:08	5:11	1	5:11:08	1	5:11:08
Fluntern	6.34		5:29	259	12:59	552	12:59	66.31	5:45:55	5:12	1	5:45:55	1	5:45:55
Forch	11.30		4:52	142	16:21	213	16:21	77.61	6:40:56	5:09	1	6:40:56	1	6:40:56
Egg	8.75		7:07	312	30:13	772	30:13	86.36	7:43:20	5:21	1	7:43:20	1	7:43:20
Zumikon	12.99		5:27	256	23:58	508	23:58	99.35	8:54:17	5:22	1	8:54:17	1	8:54:17
Witikon	6.91		4:50	235	12:22	462	12:22	106.26	9:27:41	5:20	1	9:27:41	1	9:27:41
Fluntern	4.90		4:06	49	3:49	57	3:49	111.16	9:47:49	5:17	1	9:47:49	1	9:47:49
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Irchel	5.64		5:32	271	12:35	601	12:35	116.80	10:19:03	5:18	270	3:27:07	447	3:27:07