



38. SOLA-Stafette

Zürich / 07.05.2011

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PSI 2

□□: Alumni

□□: 693

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 10:58:08

□□: 10.65 km/h

□□□□: 5:41 min/km

□□□□□: 662 (of 790)

□□□□□□: 6:52:28

□□□□□: 296(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:04	150	6:32	245	6:32	4.40	22:21	5:04	1	22:21	1	22:21
Buchlern	13.25		5:01	268	23:29	578	23:29	17.65	1:28:51	5:02	1	1:28:51	1	1:28:51
Uetliberg	6.20		6:10	224	12:43	430	12:43	23.85	2:07:10	5:19	1	2:07:10	1	2:07:10
Felsenegg	5.90		4:29	64	6:35	80	6:35	29.75	2:33:42	5:09	1	2:33:42	1	2:33:42
Buchlern	14.02		5:48	297	33:44	693	33:44	43.77	3:55:14	5:22	1	3:55:14	1	3:55:14
Hönggerberg	11.10		6:46	308	36:08	764	36:08	54.87	5:10:31	5:39	1	5:10:31	1	5:10:31
Irchel	5.10		6:57	301	18:42	746	18:42	59.97	5:45:59	5:46	1	5:45:59	1	5:45:59
Fluntern	6.34		6:03	293	16:34	684	16:34	66.31	6:24:21	5:47	1	6:24:21	1	6:24:21
Forch	11.30		5:03	179	18:30	306	18:30	77.61	7:21:31	5:41	1	7:21:31	1	7:21:31
Egg	8.75		6:35	305	25:27	743	25:27	86.36	8:19:09	5:46	1	8:19:09	1	8:19:09
Zumikon	12.99		5:58	299	30:35	680	30:35	99.35	9:36:43	5:48	1	9:36:43	1	9:36:43
Witikon	6.91		4:11	92	7:55	144	7:55	106.26	10:05:40	5:41	1	10:05:40	1	10:05:40
Fluntern	4.90		5:50	275	12:19	604	12:19	111.16	10:34:18	5:42	1	10:34:18	1	10:34:18
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Irchel	5.64		4:13	54	5:11	74	5:11	116.80	10:58:08	5:38	303	4:06:12	681	4:06:12