



# 38. SOLA-Stafette

Zürich / 07.05.2011

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## Quersummenoptimierer

□□: Alumni  
□□: 695

□□: 116.80 km  
Sola-Stafette

□□□□:  
Schnelle

□□□: 10:23:03

□□: 11.17 km/h  
□□□□: 5:23 min/km

□□□□□: 460 (of 790)

□□□□□□: 6:52:28

□□□□□: 271(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:37	244	8:58	497	8:58	4.40	24:47	5:37	1	24:47	1	24:47
Buchlern	13.25		5:11	283	25:49	644	25:49	17.65	1:33:37	5:18	1	1:33:37	1	1:33:37
Uetliberg	6.20		5:51	168	10:41	277	10:41	23.85	2:09:54	5:26	1	2:09:54	1	2:09:54
Felsenegg	5.90		5:12	194	10:46	355	10:46	29.75	2:40:37	5:23	1	2:40:37	1	2:40:37
Buchlern	14.02		4:41	159	17:58	259	17:58	43.77	3:46:23	5:10	1	3:46:23	1	3:46:23
Hönggerberg	11.10		6:22	302	31:42	741	31:42	54.87	4:57:14	5:25	1	4:57:14	1	4:57:14
Irchel	5.10		4:22	56	5:33	77	5:33	59.97	5:19:33	5:19	1	5:19:33	1	5:19:33
Fluntern	6.34		4:53	152	9:15	246	9:15	66.31	5:50:36	5:17	1	5:50:36	1	5:50:36
Forch	11.30		6:16	306	32:17	727	32:17	77.61	7:01:33	5:25	1	7:01:33	1	7:01:33
Egg	8.75		5:02	163	11:55	260	11:55	86.36	7:45:39	5:23	1	7:45:39	1	7:45:39
Zumikon	12.99		5:18	228	21:58	426	21:58	99.35	8:54:36	5:22	1	8:54:36	1	8:54:36
Witikon	6.91		4:03	66	7:01	98	7:01	106.26	9:22:39	5:17	1	9:22:39	1	9:22:39
Fluntern	4.90		4:05	46	3:45	53	3:45	111.16	9:42:43	5:14	1	9:42:43	1	9:42:43
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Irchel	5.64		7:09	313	21:41	779	21:41	116.80	10:23:03	5:20	277	3:31:07	478	3:31:07