



# 38. SOLA-Stafette

Zürich / 07.05.2011

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## Rasendi Wildsäu

□□: Alumni  
□□: 700

□□: 116.80 km  
Sola-Stafette

□□□□:  
Schnelle

□□□: 9:07:40

□□: 12.71 km/h  
□□□□: 4:43 min/km

□□□□□: 72 (of 790)

□□□□□□: 6:52:28

□□□□□: 67 (of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:05	152	6:35	250	6:35	4.40	22:24	5:05	1	22:24	1	22:24
Buchlern	13.25		4:17	120	13:55	172	13:55	17.65	1:19:20	4:29	1	1:19:20	1	1:19:20
Uetliberg	6.20		5:27	89	8:17	132	8:17	23.85	1:53:13	4:44	1	1:53:13	1	1:53:13
Felsenegg	5.90		5:19	211	11:28	403	11:28	29.75	2:24:38	4:51	1	2:24:38	1	2:24:38
Buchlern	14.02		4:11	59	10:54	75	10:54	43.77	3:23:20	4:38	1	3:23:20	1	3:23:20
Hönggerberg	11.10		4:48	140	14:18	235	14:18	54.87	4:16:47	4:40	1	4:16:47	1	4:16:47
Irchel	5.10		4:38	92	6:54	140	6:54	59.97	4:40:27	4:40	1	4:40:27	1	4:40:27
Fluntern	6.34		4:55	159	9:25	259	9:25	66.31	5:11:40	4:42	1	5:11:40	1	5:11:40
Forch	11.30		5:07	193	19:19	344	19:19	77.61	6:09:39	4:45	1	6:09:39	1	6:09:39
Egg	8.75		4:47	108	9:43	153	9:43	86.36	6:51:33	4:45	1	6:51:33	1	6:51:33
Zumikon	12.99		4:35	89	12:35	120	12:35	99.35	7:51:07	4:44	1	7:51:07	1	7:51:07
Witikon	6.91		4:10	90	7:52	141	7:52	106.26	8:20:01	4:42	1	8:20:01	1	8:20:01
Fluntern	4.90		4:21	78	5:00	109	5:00	111.16	8:41:20	4:41	1	8:41:20	1	8:41:20
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Irchel	5.64		4:40	143	7:41	248	7:41	116.80	9:07:40	4:41	70	2:15:44	78	2:15:44