



38. SOLA-Stafette

Zürich / 07.05.2011

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Schnell kann doch nicht jeder...

□□: Alumni

□□: 713

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 9:53:23

□□: 11.73 km/h

□□□□: 5:07 min/km

□□□□□: 252 (of 790)

□□□□□□: 6:52:28

□□□□□: 198(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□
Hönggerberg	4.40		5:08	160	6:48	273	6:48	4.40	22:37	5:08	1	22:37	1	22:37
Buchlern	13.25		4:32	187	17:09	309	17:09	17.65	1:22:47	4:41	1	1:22:47	1	1:22:47
Uetliberg	6.20		6:05	211	12:13	388	12:13	23.85	2:00:36	5:03	1	2:00:36	1	2:00:36
Felsenegg	5.90		5:23	220	11:49	427	11:49	29.75	2:32:22	5:07	1	2:32:22	1	2:32:22
Buchlern	14.02		4:52	202	20:37	359	20:37	43.77	3:40:47	5:02	1	3:40:47	1	3:40:47
Hönggerberg	11.10		4:37	91	12:08	144	12:08	54.87	4:32:04	4:57	1	4:32:04	1	4:32:04
Irchel	5.10		4:37	88	6:49	131	6:49	59.97	4:55:39	4:55	1	4:55:39	1	4:55:39
Fluntern	6.34		4:53	150	9:13	243	9:13	66.31	5:26:40	4:55	1	5:26:40	1	5:26:40
Forch	11.30		5:32	262	24:01	552	24:01	77.61	6:29:21	5:01	1	6:29:21	1	6:29:21
Egg	8.75		5:33	250	16:25	518	16:25	86.36	7:17:57	5:04	1	7:17:57	1	7:17:57
Zumikon	12.99		5:20	233	22:24	443	22:24	99.35	8:27:20	5:06	1	8:27:20	1	8:27:20
Witikon	6.91		4:59	252	13:31	532	13:31	106.26	9:01:53	5:05	1	9:01:53	1	9:01:53
Fluntern	4.90		5:12	230	9:13	421	9:13	111.16	9:27:25	5:06	1	9:27:25	1	9:27:25
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		4:36	128	7:19	214	7:19	116.80	9:53:23	5:04	204	3:01:27	266	3:01:27