



38. SOLA-Stafette

Zürich / 07.05.2011

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Schreckenhölzler

□□: Alumni
 □□: 714

□□: 116.80 km
 Sola-Stafette

□□□□:
 Schnelle

□□□: 10:20:35

□□: 11.22 km/h
 □□□□: 5:21 min/km

□□□□□: 444 (of 790)

□□□□□□: 6:52:28

□□□□□: 267(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:35	237	8:48	479	8:48	4.40	24:37	5:35	1	24:37	1	24:37
Buchlern	13.25		5:42	303	32:38	750	32:38	17.65	1:40:16	5:40	1	1:40:16	1	1:40:16
Uetliberg	6.20		5:44	148	10:00	240	10:00	23.85	2:15:52	5:41	1	2:15:52	1	2:15:52
Felsenegg	5.90		4:51	125	8:41	207	8:41	29.75	2:44:30	5:31	1	2:44:30	1	2:44:30
Buchlern	14.02		4:47	171	19:24	305	19:24	43.77	3:51:42	5:17	1	3:51:42	1	3:51:42
Hönggerberg	11.10		5:21	236	20:24	470	20:24	54.87	4:51:15	5:18	1	4:51:15	1	4:51:15
Irchel	5.10		5:35	244	11:47	473	11:47	59.97	5:19:48	5:19	1	5:19:48	1	5:19:48
Fluntern	6.34		6:03	294	16:35	685	16:35	66.31	5:58:11	5:24	1	5:58:11	1	5:58:11
Forch	11.30		5:12	207	20:15	384	20:15	77.61	6:57:06	5:22	1	6:57:06	1	6:57:06
Egg	8.75		5:10	188	13:07	325	13:07	86.36	7:42:24	5:21	1	7:42:24	1	7:42:24
Zumikon	12.99		5:23	240	23:00	465	23:00	99.35	8:52:23	5:21	1	8:52:23	1	8:52:23
Witikon	6.91		4:16	109	8:30	171	8:30	106.26	9:21:55	5:17	1	9:21:55	1	9:21:55
Fluntern	4.90		5:09	221	8:56	394	8:56	111.16	9:47:10	5:16	1	9:47:10	1	9:47:10
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Irchel	5.64		5:55	297	14:46	685	14:46	116.80	10:20:35	5:18	274	3:28:39	462	3:28:39