



38. SOLA-Stafette

Zürich / 07.05.2011

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Schule Meilen

□□: Alumni

□□: 715

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 9:40:19

□□: 11.99 km/h

□□□□: 5:00 min/km

□□□□□: 191 (of 790)

□□□□□□: 6:52:28

□□□□□: 166(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:03	141	6:25	229	6:25	4.40	22:14	5:03	1	22:14	1	22:14
Buchlern	13.25		4:01	64	10:22	80	10:22	17.65	1:15:37	4:17	1	1:15:37	1	1:15:37
Uetliberg	6.20		6:07	218	12:21	399	12:21	23.85	1:53:34	4:45	1	1:53:34	1	1:53:34
Felsenegg	5.90		4:45	102	8:07	165	8:07	29.75	2:21:38	4:45	1	2:21:38	1	2:21:38
Buchlern	14.02		4:35	134	16:29	209	16:29	43.77	3:25:55	4:42	1	3:25:55	1	3:25:55
Hönggerberg	11.10		5:13	215	18:47	409	18:47	54.87	4:23:51	4:48	1	4:23:51	1	4:23:51
Irchel	5.10		4:46	118	7:37	186	7:37	59.97	4:48:14	4:48	1	4:48:14	1	4:48:14
Fluntern	6.34		6:35	306	20:02	759	20:02	66.31	5:30:04	4:58	1	5:30:04	1	5:30:04
Forch	11.30		4:51	136	16:09	202	16:09	77.61	6:24:53	4:57	1	6:24:53	1	6:24:53
Egg	8.75		5:23	229	14:57	441	14:57	86.36	7:12:01	5:00	1	7:12:01	1	7:12:01
Zumikon	12.99		5:00	177	17:58	280	17:58	99.35	8:16:58	5:00	1	8:16:58	1	8:16:58
Witikon	6.91		4:12	93	8:01	146	8:01	106.26	8:46:01	4:57	1	8:46:01	1	8:46:01
Fluntern	4.90		5:11	223	9:05	408	9:05	111.16	9:11:25	4:57	1	9:11:25	1	9:11:25
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Irchel	5.64		5:07	222	10:15	440	10:15	116.80	9:40:19	4:58	170	2:48:23	201	2:48:23