



# 38. SOLA-Stafette

Zürich / 07.05.2011

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## ST-Ericsson Snails

□□: Alumni

□□: 729

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 9:21:26

□□: 12.40 km/h

□□□□: 4:51 min/km

□□□□□: 101 (of 790)

□□□□□□: 6:52:28

□□□□□: 95(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		4:57	114	5:58	185	5:58	4.40	21:47	4:57	1	21:47	1	21:47
Buchlern	13.25		4:19	129	14:19	186	14:19	17.65	1:19:07	4:28	1	1:19:07	1	1:19:07
Uetliberg	6.20		6:05	211	12:13	388	12:13	23.85	1:56:56	4:54	1	1:56:56	1	1:56:56
Felsenegg	5.90		6:34	303	18:48	735	18:48	29.75	2:35:41	5:13	1	2:35:41	1	2:35:41
Buchlern	14.02		4:36	140	16:51	219	16:51	43.77	3:40:20	5:02	1	3:40:20	1	3:40:20
Hönggerberg	11.10		4:58	164	16:01	290	16:01	54.87	4:35:30	5:01	1	4:35:30	1	4:35:30
Irchel	5.10		4:19	49	5:19	67	5:19	59.97	4:57:35	4:57	1	4:57:35	1	4:57:35
Fluntern	6.34		5:07	202	10:41	361	10:41	66.31	5:30:04	4:58	1	5:30:04	1	5:30:04
Forch	11.30		4:33	81	12:46	110	12:46	77.61	6:21:30	4:54	1	6:21:30	1	6:21:30
Egg	8.75		4:31	65	7:24	82	7:24	86.36	7:01:05	4:52	1	7:01:05	1	7:01:05
Zumikon	12.99		4:52	151	16:15	229	16:15	99.35	8:04:19	4:52	1	8:04:19	1	8:04:19
Witikon	6.91		4:32	173	10:18	304	10:18	106.26	8:35:39	4:51	1	8:35:39	1	8:35:39
Fluntern	4.90		5:08	220	8:55	389	8:55	111.16	9:00:53	4:51	1	9:00:53	1	9:00:53
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Irchel	5.64		3:38	12	1:54	14	1:54	116.80	9:21:26	4:48	98	2:29:30	108	2:29:30