



38. SOLA-Stafette

Zürich / 07.05.2011

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Team Mars

□□: Alumni

□□: 737

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 9:43:02

□□: 12.02 km/h

□□□□: 5:02 min/km

□□□□□: 200 (of 790)

□□□□□□: 6:52:28

□□□□□: 170(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		4:59	123	6:07	204	6:07	4.40	21:56	4:59	1	21:56	1	21:56
Buchlern	13.25		4:33	191	17:21	322	17:21	17.65	1:22:18	4:39	1	1:22:18	1	1:22:18
Uetliberg	6.20		6:09	222	12:32	420	12:32	23.85	2:00:26	5:02	1	2:00:26	1	2:00:26
Felsenegg	5.90		6:23	297	17:47	724	17:47	29.75	2:38:10	5:18	1	2:38:10	1	2:38:10
Buchlern	14.02		3:56	24	7:29	28	7:29	43.77	3:33:27	4:52	1	3:33:27	1	3:33:27
Hönggerberg	11.10		4:41	102	12:52	164	12:52	54.87	4:25:28	4:50	1	4:25:28	1	4:25:28
Irchel	5.10		4:14	38	4:53	52	4:53	59.97	4:47:07	4:47	1	4:47:07	1	4:47:07
Fluntern	6.34		5:16	234	11:38	449	11:38	66.31	5:20:33	4:50	1	5:20:33	1	5:20:33
Forch	11.30		5:15	215	20:50	414	20:50	77.61	6:20:03	4:53	1	6:20:03	1	6:20:03
Egg	8.75		5:24	231	15:06	447	15:06	86.36	7:07:20	4:56	1	7:07:20	1	7:07:20
Zumikon	12.99		5:24	244	23:10	471	23:10	99.35	8:17:29	5:00	1	8:17:29	1	8:17:29
Witikon	6.91		5:28	287	16:48	675	16:48	106.26	8:55:19	5:02	1	8:55:19	1	8:55:19
Fluntern	4.90		4:55	186	7:50	295	7:50	111.16	9:19:28	5:01	1	9:19:28	1	9:19:28
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Irchel	5.64		4:10	46	4:55	62	4:55	116.80	9:43:02	4:59	175	2:51:06	211	2:51:06