



38. SOLA-Stafette

Zürich / 07.05.2011

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Top Ten

□□: Alumni

□□: 740

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 8:01:21

□□: 14.46 km/h

□□□□: 4:09 min/km

□□□□□: 17 (of 790)

□□□□□□: 6:52:28

□□□□□: 17(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		4:03	16	2:03	18	2:03	4.40	17:52	4:03	1	17:52	1	17:52
Buchlern	13.25		3:39	16	5:21	18	5:21	17.65	1:06:14	3:45	1	1:06:14	1	1:06:14
Uetliberg	6.20		4:43	12	3:40	13	3:40	23.85	1:35:30	4:00	1	1:35:30	1	1:35:30
Felsenegg	5.90		4:04	18	4:06	22	4:06	29.75	1:59:33	4:01	1	1:59:33	1	1:59:33
Buchlern	14.02		4:13	66	11:25	85	11:25	43.77	2:58:46	4:05	1	2:58:46	1	2:58:46
Hönggerberg	11.10		4:02	18	5:48	22	5:48	54.87	3:43:43	4:04	1	3:43:43	1	3:43:43
Irchel	5.10		4:10	36	4:31	48	4:31	59.97	4:05:00	4:05	1	4:05:00	1	4:05:00
Fluntern	6.34		3:53	12	2:50	14	2:50	66.31	4:29:38	4:03	1	4:29:38	1	4:29:38
Forch	11.30		4:10	27	8:36	33	8:36	77.61	5:16:54	4:04	1	5:16:54	1	5:16:54
Egg	8.75		4:12	27	4:39	33	4:39	86.36	5:53:44	4:05	1	5:53:44	1	5:53:44
Zumikon	12.99		4:16	41	8:36	48	8:36	99.35	6:49:19	4:07	1	6:49:19	1	6:49:19
Witikon	6.91		3:47	34	5:12	41	5:12	106.26	7:15:33	4:05	1	7:15:33	1	7:15:33
Fluntern	4.90		5:05	218	8:40	377	8:40	111.16	7:40:32	4:08	1	7:40:32	1	7:40:32
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		3:41	17	2:10	19	2:10	116.80	8:01:21	4:07	18	1:09:25	18	1:09:25