



38. SOLA-Stafette

Zürich / 07.05.2011

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Trägheitsmoment

□□: Alumni

□□: 741

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 9:53:40

□□: 11.72 km/h

□□□□: 5:07 min/km

□□□□□: 253 (of 790)

□□□□□□: 6:52:28

□□□□□: 199(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:21	196	7:45	370	7:45	4.40	23:34	5:21	1	23:34	1	23:34
Buchlern	13.25		4:13	102	13:04	138	13:04	17.65	1:19:39	4:30	1	1:19:39	1	1:19:39
Uetliberg	6.20		5:32	107	8:46	162	8:46	23.85	1:54:01	4:46	1	1:54:01	1	1:54:01
Felsenegg	5.90		5:39	252	13:24	543	13:24	29.75	2:27:22	4:57	1	2:27:22	1	2:27:22
Buchlern	14.02		5:22	276	27:32	591	27:32	43.77	3:42:42	5:05	1	3:42:42	1	3:42:42
Hönggerberg	11.10		5:16	221	19:28	433	19:28	54.87	4:41:19	5:07	1	4:41:19	1	4:41:19
Irchel	5.10		5:42	253	12:23	512	12:23	59.97	5:10:28	5:10	1	5:10:28	1	5:10:28
Fluntern	6.34		6:08	300	17:07	712	17:07	66.31	5:49:23	5:16	1	5:49:23	1	5:49:23
Forch	11.30		5:30	255	23:33	529	23:33	77.61	6:51:36	5:18	1	6:51:36	1	6:51:36
Egg	8.75		4:28	54	6:55	68	6:55	86.36	7:30:42	5:13	1	7:30:42	1	7:30:42
Zumikon	12.99		4:33	86	12:10	114	12:10	99.35	8:29:51	5:07	1	8:29:51	1	8:29:51
Witikon	6.91		4:27	160	9:48	272	9:48	106.26	9:00:41	5:05	1	9:00:41	1	9:00:41
Fluntern	4.90		4:04	42	3:38	48	3:38	111.16	9:20:38	5:02	1	9:20:38	1	9:20:38
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		5:51	294	14:23	675	14:23	116.80	9:53:40	5:04	205	3:01:44	267	3:01:44