



38. SOLA-Stafette

Zürich / 07.05.2011

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TV Oerlikon

□□: Alumni

□□: 745

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 8:09:05

□□: 14.23 km/h

□□□□: 4:13 min/km

□□□□□: 20 (of 790)

□□□□□□: 6:52:28

□□□□□: 20(of 313)

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		4:25	45	3:41	57	3:41	4.40	19:30	4:25	1	19:30	1	19:30
Buchlern	13.25		4:02	69	10:31	85	10:31	17.65	1:13:02	4:08	1	1:13:02	1	1:13:02
Uetliberg	6.20		4:58	33	5:14	40	5:14	23.85	1:43:52	4:21	1	1:43:52	1	1:43:52
Felsenegg	5.90		4:12	29	4:54	37	4:54	29.75	2:08:43	4:19	1	2:08:43	1	2:08:43
Buchlern	14.02		4:08	52	10:22	64	10:22	43.77	3:06:53	4:16	1	3:06:53	1	3:06:53
Hönggerberg	11.10		4:20	39	9:05	58	9:05	54.87	3:55:07	4:17	1	3:55:07	1	3:55:07
Irchel	5.10		4:21	53	5:29	73	5:29	59.97	4:17:22	4:17	1	4:17:22	1	4:17:22
Fluntern	6.34		4:06	27	4:17	30	4:17	66.31	4:43:27	4:16	1	4:43:27	1	4:43:27
Forch	11.30		4:29	67	12:00	91	12:00	77.61	5:34:07	4:18	1	5:34:07	1	5:34:07
Egg	8.75		4:00	13	2:54	15	2:54	86.36	6:09:12	4:16	1	6:09:12	1	6:09:12
Zumikon	12.99		4:02	17	5:26	17	5:26	99.35	7:01:37	4:14	1	7:01:37	1	7:01:37
Witikon	6.91		3:49	36	5:21	45	5:21	106.26	7:28:00	4:12	1	7:28:00	1	7:28:00
Fluntern	4.90		3:57	35	3:05	40	3:05	111.16	7:47:24	4:12	1	7:47:24	1	7:47:24
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Irchel	5.64		3:50	27	3:02	31	3:02	116.80	8:09:05	4:11	21	1:17:09	21	1:17:09