



# 38. SOLA-Stafette

Zürich / 07.05.2011

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## UBS Telecom Runners

□□: Alumni  
 □□: 747

□□: 116.80 km  
 Sola-Stafette

□□□□:  
 Schnelle

□□□: 8:22:21

□□: 13.85 km/h  
 □□□□: 4:20 min/km

□□□□□: 27 (of 790)

□□□□□□: 6:52:28

□□□□□: 27(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:22	200	7:50	378	7:50	4.40	23:39	5:22	1	23:39	1	23:39
Buchlern	13.25		3:54	43	8:42	50	8:42	17.65	1:15:22	4:16	1	1:15:22	1	1:15:22
Uetliberg	6.20		4:32	5	2:32	5	2:32	23.85	1:43:30	4:20	1	1:43:30	1	1:43:30
Felsenegg	5.90		4:05	21	4:12	25	4:12	29.75	2:07:39	4:17	1	2:07:39	1	2:07:39
Buchlern	14.02		4:29	116	15:16	173	15:16	43.77	3:10:43	4:21	1	3:10:43	1	3:10:43
Hönggerberg	11.10		4:43	115	13:19	184	13:19	54.87	4:03:11	4:25	1	4:03:11	1	4:03:11
Irchel	5.10		4:04	28	4:01	36	4:01	59.97	4:23:58	4:24	1	4:23:58	1	4:23:58
Fluntern	6.34		3:53	14	2:55	16	2:55	66.31	4:48:41	4:21	1	4:48:41	1	4:48:41
Forch	11.30		3:43	6	3:22	7	3:22	77.61	5:30:43	4:15	1	5:30:43	1	5:30:43
Egg	8.75		5:05	177	12:26	293	12:26	86.36	6:15:20	4:20	1	6:15:20	1	6:15:20
Zumikon	12.99		4:03	19	5:38	19	5:38	99.35	7:07:57	4:18	1	7:07:57	1	7:07:57
Witikon	6.91		3:37	23	4:01	27	4:01	106.26	7:33:00	4:15	1	7:33:00	1	7:33:00
Fluntern	4.90		4:17	72	4:43	98	4:43	111.16	7:54:02	4:15	1	7:54:02	1	7:54:02
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Irchel	5.64		5:01	204	9:40	399	9:40	116.80	8:22:21	4:18	28	1:30:25	30	1:30:25