



38. SOLA-Stafette

Zürich / 07.05.2011

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UHU

□□: Alumni

□□: 748

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 9:23:05

□□: 12.36 km/h

□□□□: 4:51 min/km

□□□□□: 109 (of 790)

□□□□□□: 6:52:28

□□□□□: 102(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□
Hönggerberg	4.40		4:19	35	3:13	43	3:13	4.40	19:02	4:19	1	19:02	1	19:02
Buchlern	13.25		4:26	156	15:55	244	15:55	17.65	1:17:58	4:25	1	1:17:58	1	1:17:58
Uetliberg	6.20		4:57	32	5:06	37	5:06	23.85	1:48:40	4:33	1	1:48:40	1	1:48:40
Felsenegg	5.90		5:32	239	12:44	496	12:44	29.75	2:21:21	4:45	1	2:21:21	1	2:21:21
Buchlern	14.02		4:49	178	19:46	317	19:46	43.77	3:28:55	4:46	1	3:28:55	1	3:28:55
Hönggerberg	11.10		4:25	50	9:54	82	9:54	54.87	4:17:58	4:42	1	4:17:58	1	4:17:58
Irchel	5.10		7:15	306	20:15	764	20:15	59.97	4:54:59	4:55	1	4:54:59	1	4:54:59
Fluntern	6.34		4:22	55	5:57	74	5:57	66.31	5:22:44	4:52	1	5:22:44	1	5:22:44
Forch	11.30		4:59	167	17:48	271	17:48	77.61	6:19:12	4:53	1	6:19:12	1	6:19:12
Egg	8.75		4:59	147	11:26	230	11:26	86.36	7:02:49	4:53	1	7:02:49	1	7:02:49
Zumikon	12.99		4:40	115	13:49	160	13:49	99.35	8:03:37	4:52	1	8:03:37	1	8:03:37
Witikon	6.91		3:40	24	4:20	28	4:20	106.26	8:28:59	4:47	1	8:28:59	1	8:28:59
Fluntern	4.90		5:47	273	12:05	587	12:05	111.16	8:57:23	4:50	1	8:57:23	1	8:57:23
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		4:33	113	7:03	188	7:03	116.80	9:23:05	4:49	104	2:31:09	116	2:31:09