



38. SOLA-Stafette

Zürich / 07.05.2011

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Uni Hohenrätien I

□□: Alumni
 □□: 749

□□: 116.80 km
 Sola-Stafette

□□□□:
 Schnelle

□□□: 7:54:10

□□: 14.68 km/h
 □□□□: 4:05 min/km

□□□□□: 14 (of 790)

□□□□□□: 6:52:28

□□□□□: 14(of 313)

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		3:37	2	0:10	2	0:10	4.40	15:59	3:37	1	15:59	1	15:59
Buchlern	13.25		3:45	23	6:48	25	6:48	17.65	1:05:48	3:43	1	1:05:48	1	1:05:48
Uetliberg	6.20		4:48	22	4:11	24	4:11	23.85	1:35:35	4:00	1	1:35:35	1	1:35:35
Felsenegg	5.90		4:22	50	5:52	63	5:52	29.75	2:01:24	4:04	1	2:01:24	1	2:01:24
Buchlern	14.02		4:17	81	12:16	107	12:16	43.77	3:01:28	4:08	1	3:01:28	1	3:01:28
Hönggerberg	11.10		3:53	13	3:58	14	3:58	54.87	3:44:35	4:05	1	3:44:35	1	3:44:35
Irchel	5.10		3:52	17	3:02	19	3:02	59.97	4:04:23	4:04	1	4:04:23	1	4:04:23
Fluntern	6.34		3:59	19	3:31	21	3:31	66.31	4:29:42	4:04	1	4:29:42	1	4:29:42
Forch	11.30		3:53	13	5:19	15	5:19	77.61	5:13:41	4:02	1	5:13:41	1	5:13:41
Egg	8.75		4:04	15	3:29	18	3:29	86.36	5:49:21	4:02	1	5:49:21	1	5:49:21
Zumikon	12.99		4:26	59	10:46	73	10:46	99.35	6:47:06	4:05	1	6:47:06	1	6:47:06
Witikon	6.91		3:54	40	5:57	57	5:57	106.26	7:14:05	4:05	1	7:14:05	1	7:14:05
Fluntern	4.90		3:36	11	1:24	14	1:24	111.16	7:31:48	4:03	1	7:31:48	1	7:31:48
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		3:57	33	3:43	38	3:43	116.80	7:54:10	4:03	15	1:02:14	15	1:02:14