



38. SOLA-Stafette

Zürich / 07.05.2011

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Uni Hohenrhätien II

□□: Alumni
 □□: 750

□□: 116.80 km
 Sola-Stafette

□□□□:
 Schnelle

□□□: 9:17:29

□□: 12.48 km/h
 □□□□: 4:49 min/km

□□□□□: 91 (of 790)

□□□□□□: 6:52:28

□□□□□: 85(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		4:49	91	5:23	135	5:23	4.40	21:12	4:49	1	21:12	1	21:12
Buchlern	13.25		3:55	44	8:53	51	8:53	17.65	1:13:06	4:08	1	1:13:06	1	1:13:06
Uetliberg	6.20		4:58	35	5:17	42	5:17	23.85	1:43:59	4:21	1	1:43:59	1	1:43:59
Felsenegg	5.90		5:32	238	12:43	492	12:43	29.75	2:16:39	4:35	1	2:16:39	1	2:16:39
Buchlern	14.02		4:58	223	21:58	416	21:58	43.77	3:26:25	4:42	1	3:26:25	1	3:26:25
Hönggerberg	11.10		4:46	129	13:51	213	13:51	54.87	4:19:25	4:43	1	4:19:25	1	4:19:25
Irchel	5.10		6:12	289	14:55	643	14:55	59.97	4:51:06	4:51	1	4:51:06	1	4:51:06
Fluntern	6.34		4:59	175	9:52	299	9:52	66.31	5:22:46	4:52	1	5:22:46	1	5:22:46
Forch	11.30		4:28	65	11:55	89	11:55	77.61	6:13:21	4:48	1	6:13:21	1	6:13:21
Egg	8.75		4:53	127	10:34	194	10:34	86.36	6:56:06	4:49	1	6:56:06	1	6:56:06
Zumikon	12.99		5:01	185	18:19	296	18:19	99.35	8:01:24	4:50	1	8:01:24	1	8:01:24
Witikon	6.91		4:21	135	9:06	223	9:06	106.26	8:31:32	4:48	1	8:31:32	1	8:31:32
Fluntern	4.90		4:14	64	4:30	88	4:30	111.16	8:52:21	4:47	1	8:52:21	1	8:52:21
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Irchel	5.64		4:27	87	6:29	138	6:29	116.80	9:17:29	4:46	88	2:25:33	98	2:25:33