



38. SOLA-Stafette

Zürich / 07.05.2011

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Uni Karlsruhe/Lemminge

□□: Alumni

□□: 751

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 8:11:15

□□: 14.17 km/h

□□□□: 4:14 min/km

□□□□□: 22 (of 790)

□□□□□□: 6:52:28

□□□□□: 22(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		4:49	93	5:25	137	5:25	4.40	21:14	4:49	1	21:14	1	21:14
Buchlern	13.25		3:45	22	6:46	24	6:46	17.65	1:11:01	4:01	1	1:11:01	1	1:11:01
Uetliberg	6.20		4:44	14	3:48	15	3:48	23.85	1:40:25	4:12	1	1:40:25	1	1:40:25
Felsenegg	5.90		4:47	114	8:21	185	8:21	29.75	2:08:43	4:19	1	2:08:43	1	2:08:43
Buchlern	14.02		4:13	68	11:27	87	11:27	43.77	3:07:58	4:17	1	3:07:58	1	3:07:58
Hönggerberg	11.10		4:22	44	9:23	68	9:23	54.87	3:56:30	4:18	1	3:56:30	1	3:56:30
Irchel	5.10		3:31	3	1:11	3	1:11	59.97	4:14:27	4:14	1	4:14:27	1	4:14:27
Fluntern	6.34		4:16	42	5:21	56	5:21	66.31	4:41:36	4:14	1	4:41:36	1	4:41:36
Forch	11.30		4:19	45	10:08	55	10:08	77.61	5:30:24	4:15	1	5:30:24	1	5:30:24
Egg	8.75		4:25	46	6:35	58	6:35	86.36	6:09:10	4:16	1	6:09:10	1	6:09:10
Zumikon	12.99		4:00	15	5:07	15	5:07	99.35	7:01:16	4:14	1	7:01:16	1	7:01:16
Witikon	6.91		4:26	151	9:37	256	9:37	106.26	7:31:55	4:15	1	7:31:55	1	7:31:55
Fluntern	4.90		3:41	14	1:47	18	1:47	111.16	7:50:01	4:13	1	7:50:01	1	7:50:01
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Irchel	5.64		3:45	23	2:35	26	2:35	116.80	8:11:15	4:12	23	1:19:19	24	1:19:19