



# 38. SOLA-Stafette

Zürich / 07.05.2011

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## Winrunners

□□: Alumni  
□□: 760

□□: 116.80 km  
Sola-Stafette

□□□□:  
Schnelle

□□□: 10:05:07

□□: 11.50 km/h  
□□□□: 5:13 min/km

□□□□□: 340 (of 790)

□□□□□□: 6:52:28

□□□□□: 234(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:33	233	8:39	462	8:39	4.40	24:28	5:33	1	24:28	1	24:28
Buchlern	13.25		4:15	110	13:21	153	13:21	17.65	1:20:50	4:34	1	1:20:50	1	1:20:50
Uetliberg	6.20		6:46	279	16:23	615	16:23	23.85	2:02:49	5:08	1	2:02:49	1	2:02:49
Felsenegg	5.90		4:25	56	6:09	69	6:09	29.75	2:28:55	5:00	1	2:28:55	1	2:28:55
Buchlern	14.02		4:36	140	16:51	219	16:51	43.77	3:33:34	4:52	1	3:33:34	1	3:33:34
Hönggerberg	11.10		5:15	219	19:16	423	19:16	54.87	4:31:59	4:57	1	4:31:59	1	4:31:59
Irchel	5.10		5:50	265	13:00	549	13:00	59.97	5:01:45	5:01	1	5:01:45	1	5:01:45
Fluntern	6.34		5:16	235	11:39	451	11:39	66.31	5:35:12	5:03	1	5:35:12	1	5:35:12
Forch	11.30		5:20	228	21:37	447	21:37	77.61	6:35:29	5:05	1	6:35:29	1	6:35:29
Egg	8.75		4:43	92	9:08	123	9:08	86.36	7:16:48	5:03	1	7:16:48	1	7:16:48
Zumikon	12.99		5:53	292	29:36	664	29:36	99.35	8:33:23	5:10	1	8:33:23	1	8:33:23
Witikon	6.91		4:06	77	7:24	120	7:24	106.26	9:01:49	5:05	1	9:01:49	1	9:01:49
Fluntern	4.90		6:00	285	13:07	648	13:07	111.16	9:31:15	5:08	1	9:31:15	1	9:31:15
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Irchel	5.64		6:00	301	15:13	706	15:13	116.80	10:05:07	5:10	240	3:13:11	356	3:13:11