



38. SOLA-Stafette

Zürich / 07.05.2011

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Zühlke Dream Team

□□: Alumni

□□: 765

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 10:35:12

□□: 10.96 km/h

□□□□: 5:29 min/km

□□□□□: 544 (of 790)

□□□□□□: 6:52:28

□□□□□: 287(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□
Hönggerberg	4.40		4:50	96	5:28	140	5:28	4.40	21:17	4:50	1	21:17	1	21:17
Buchlern	13.25		5:29	297	29:49	718	29:49	17.65	1:34:07	5:19	1	1:34:07	1	1:34:07
Uetliberg	6.20		5:56	185	11:13	316	11:13	23.85	2:10:56	5:29	1	2:10:56	1	2:10:56
Felsenegg	5.90		5:56	282	15:08	644	15:08	29.75	2:46:01	5:34	1	2:46:01	1	2:46:01
Buchlern	14.02		5:35	288	30:31	656	30:31	43.77	4:04:20	5:34	1	4:04:20	1	4:04:20
Hönggerberg	11.10		5:20	232	20:12	463	20:12	54.87	5:03:41	5:32	1	5:03:41	1	5:03:41
Irchel	5.10		5:14	188	9:58	340	9:58	59.97	5:30:25	5:30	1	5:30:25	1	5:30:25
Fluntern	6.34		4:28	74	6:36	102	6:36	66.31	5:58:49	5:24	1	5:58:49	1	5:58:49
Forch	11.30		4:47	127	15:33	184	15:33	77.61	6:53:02	5:19	1	6:53:02	1	6:53:02
Egg	8.75		6:14	297	22:23	712	22:23	86.36	7:47:36	5:24	1	7:47:36	1	7:47:36
Zumikon	12.99		5:12	214	20:42	381	20:42	99.35	8:55:17	5:23	1	8:55:17	1	8:55:17
Witikon	6.91		6:42	311	25:20	776	25:20	106.26	9:41:39	5:28	1	9:41:39	1	9:41:39
Fluntern	4.90		4:47	164	7:11	247	7:11	111.16	10:05:09	5:26	1	10:05:09	1	10:05:09
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		5:19	250	11:24	532	11:24	116.80	10:35:12	5:26	294	3:43:16	562	3:43:16