



38. SOLA-Stafette

Zürich / 07.05.2011

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Zühlke Premier Cru

□□: Alumni
□□: 766

□□: 116.80 km
Sola-Stafette

□□□□:
Schnelle

□□□: 8:41:06

□□: 13.45 km/h
□□□□: 4:30 min/km

□□□□□: 36 (of 790)

□□□□□□: 6:52:28

□□□□□: 36(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:20	191	7:41	362	7:41	4.40	23:30	5:20	1	23:30	1	23:30
Buchlern	13.25		3:53	38	8:29	45	8:29	17.65	1:15:00	4:14	1	1:15:00	1	1:15:00
Uetliberg	6.20		4:45	16	3:53	17	3:53	23.85	1:44:29	4:22	1	1:44:29	1	1:44:29
Felsenegg	5.90		4:21	45	5:45	57	5:45	29.75	2:10:11	4:22	1	2:10:11	1	2:10:11
Buchlern	14.02		4:12	63	11:10	80	11:10	43.77	3:09:09	4:19	1	3:09:09	1	3:09:09
Hönggerberg	11.10		4:31	66	11:07	106	11:07	54.87	3:59:25	4:21	1	3:59:25	1	3:59:25
Irchel	5.10		3:46	9	2:31	10	2:31	59.97	4:18:42	4:18	1	4:18:42	1	4:18:42
Fluntern	6.34		4:36	90	7:24	131	7:24	66.31	4:47:54	4:20	1	4:47:54	1	4:47:54
Forch	11.30		4:09	23	8:24	29	8:24	77.61	5:34:58	4:18	1	5:34:58	1	5:34:58
Egg	8.75		4:59	149	11:27	233	11:27	86.36	6:18:36	4:23	1	6:18:36	1	6:18:36
Zumikon	12.99		4:59	175	17:49	274	17:49	99.35	7:23:24	4:27	1	7:23:24	1	7:23:24
Witikon	6.91		4:16	110	8:31	172	8:31	106.26	7:52:57	4:27	1	7:52:57	1	7:52:57
Fluntern	4.90		4:14	63	4:28	85	4:28	111.16	8:13:44	4:26	1	8:13:44	1	8:13:44
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Irchel	5.64		4:51	175	8:43	321	8:43	116.80	8:41:06	4:27	37	1:49:10	40	1:49:10