



38. SOLA-Stafette

Zürich / 07.05.2011

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EMPA

□□: Ang.

□□: 772

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 9:18:27

□□: 12.46 km/h

□□□□: 4:49 min/km

□□□□□: 93 (of 790)

□□□□□□: 6:52:28

□□□□□: 87(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:03	142	6:27	233	6:27	4.40	22:16	5:03	1	22:16	1	22:16
Buchlern	13.25		4:48	239	20:41	468	20:41	17.65	1:25:58	4:52	1	1:25:58	1	1:25:58
Uetliberg	6.20		6:06	216	12:17	395	12:17	23.85	2:03:51	5:11	1	2:03:51	1	2:03:51
Felsenegg	5.90		4:55	151	9:05	251	9:05	29.75	2:32:53	5:08	1	2:32:53	1	2:32:53
Buchlern	14.02		4:32	122	15:54	189	15:54	43.77	3:36:35	4:56	1	3:36:35	1	3:36:35
Hönggerberg	11.10		3:51	12	3:46	13	3:46	54.87	4:19:30	4:43	1	4:19:30	1	4:19:30
Irchel	5.10		5:43	254	12:24	513	12:24	59.97	4:48:40	4:48	1	4:48:40	1	4:48:40
Fluntern	6.34		5:10	219	11:03	398	11:03	66.31	5:21:31	4:50	1	5:21:31	1	5:21:31
Forch	11.30		5:27	246	22:57	506	22:57	77.61	6:23:08	4:56	1	6:23:08	1	6:23:08
Egg	8.75		4:08	18	4:02	21	4:02	86.36	6:59:21	4:51	1	6:59:21	1	6:59:21
Zumikon	12.99		4:37	98	13:02	133	13:02	99.35	7:59:22	4:49	1	7:59:22	1	7:59:22
Witikon	6.91		4:42	211	11:32	396	11:32	106.26	8:31:56	4:49	1	8:31:56	1	8:31:56
Fluntern	4.90		4:26	100	5:28	137	5:28	111.16	8:53:43	4:48	1	8:53:43	1	8:53:43
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Irchel	5.64		4:23	74	6:05	116	6:05	116.80	9:18:27	4:46	90	2:26:31	100	2:26:31