



38. SOLA-Stafette

Zürich / 07.05.2011

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Esprit

□□: Ang.

□□: 773

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 9:56:28

□□: 11.67 km/h

□□□□: 5:09 min/km

□□□□□: 276 (of 790)

□□□□□□: 6:52:28

□□□□□: 211(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		4:32	57	4:09	80	4:09	4.40	19:58	4:32	1	19:58	1	19:58
Buchlern	13.25		5:02	273	23:46	587	23:46	17.65	1:26:45	4:54	1	1:26:45	1	1:26:45
Uetliberg	6.20		6:17	234	13:26	467	13:26	23.85	2:05:47	5:16	1	2:05:47	1	2:05:47
Felsenegg	5.90		5:31	235	12:37	484	12:37	29.75	2:38:21	5:19	1	2:38:21	1	2:38:21
Buchlern	14.02		5:24	279	28:07	610	28:07	43.77	3:54:16	5:21	1	3:54:16	1	3:54:16
Hönggerberg	11.10		4:38	94	12:19	151	12:19	54.87	4:45:44	5:12	1	4:45:44	1	4:45:44
Irchel	5.10		4:45	115	7:30	178	7:30	59.97	5:10:00	5:10	1	5:10:00	1	5:10:00
Fluntern	6.34		5:17	242	11:48	472	11:48	66.31	5:43:36	5:10	1	5:43:36	1	5:43:36
Forch	11.30		4:50	132	15:58	196	15:58	77.61	6:38:14	5:07	1	6:38:14	1	6:38:14
Egg	8.75		4:37	77	8:17	97	8:17	86.36	7:18:42	5:04	1	7:18:42	1	7:18:42
Zumikon	12.99		5:23	240	23:00	465	23:00	99.35	8:28:41	5:07	1	8:28:41	1	8:28:41
Witikon	6.91		4:31	170	10:14	299	10:14	106.26	8:59:57	5:04	1	8:59:57	1	8:59:57
Fluntern	4.90		5:59	284	13:05	646	13:05	111.16	9:29:21	5:07	1	9:29:21	1	9:29:21
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Irchel	5.64		4:48	165	8:28	300	8:28	116.80	9:56:28	5:06	217	3:04:32	291	3:04:32