



38. SOLA-Stafette

Zürich / 07.05.2011

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Ihr Kinderlein kommet

□□: Ang.

□□: 779

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 9:19:23

□□: 12.53 km/h

□□□□: 4:50 min/km

□□□□□: 98 (of 790)

□□□□□□: 6:52:28

□□□□□: 92(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:20	193	7:43	365	7:43	4.40	23:32	5:20	1	23:32	1	23:32
Buchlern	13.25		4:39	210	18:45	375	18:45	17.65	1:25:18	4:49	1	1:25:18	1	1:25:18
Uetliberg	6.20		5:36	122	9:11	188	9:11	23.85	2:00:05	5:02	1	2:00:05	1	2:00:05
Felsenegg	5.90		4:47	112	8:20	183	8:20	29.75	2:28:22	4:59	1	2:28:22	1	2:28:22
Buchlern	14.02		4:54	208	21:03	379	21:03	43.77	3:37:13	4:57	1	3:37:13	1	3:37:13
Hönggerberg	11.10		5:08	204	17:57	377	17:57	54.87	4:34:19	4:59	1	4:34:19	1	4:34:19
Irchel	5.10		5:25	224	10:56	421	10:56	59.97	5:02:01	5:02	1	5:02:01	1	5:02:01
Fluntern	6.34		5:05	196	10:32	347	10:32	66.31	5:34:21	5:02	1	5:34:21	1	5:34:21
Forch	11.30		4:21	48	10:32	62	10:32	77.61	6:23:33	4:56	1	6:23:33	1	6:23:33
Egg	8.75		4:15	30	5:08	38	5:08	86.36	7:00:52	4:52	1	7:00:52	1	7:00:52
Zumikon	12.99		4:29	67	11:25	90	11:25	99.35	7:59:16	4:49	1	7:59:16	1	7:59:16
Witikon	6.91		4:03	67	7:03	101	7:03	106.26	8:27:21	4:46	1	8:27:21	1	8:27:21
Fluntern	4.90		5:02	211	8:24	358	8:24	111.16	8:52:04	4:47	1	8:52:04	1	8:52:04
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Irchel	5.64		4:50	172	8:40	316	8:40	116.80	9:19:23	4:47	95	2:27:27	105	2:27:27