



38. SOLA-Stafette

Zürich / 07.05.2011

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SÛNKLOCHDECHLE

□□: Ang.

□□: 793

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 9:47:40

□□: 11.84 km/h

□□□□: 5:04 min/km

□□□□□: 223 (of 790)

□□□□□□: 6:52:28

□□□□□: 185(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		4:06	20	2:17	22	2:17	4.40	18:06	4:06	1	18:06	1	18:06
Buchlern	13.25		3:59	56	9:53	68	9:53	17.65	1:11:00	4:01	1	1:11:00	1	1:11:00
Uetliberg	6.20		5:23	80	7:48	113	7:48	23.85	1:44:24	4:22	1	1:44:24	1	1:44:24
Felsenegg	5.90		5:53	276	14:47	623	14:47	29.75	2:19:08	4:40	1	2:19:08	1	2:19:08
Buchlern	14.02		5:33	287	30:01	652	30:01	43.77	3:36:57	4:57	1	3:36:57	1	3:36:57
Hönggerberg	11.10		4:36	83	11:57	136	11:57	54.87	4:28:03	4:53	1	4:28:03	1	4:28:03
Irchel	5.10		4:06	33	4:12	42	4:12	59.97	4:49:01	4:49	1	4:49:01	1	4:49:01
Fluntern	6.34		4:39	98	7:43	148	7:43	66.31	5:18:32	4:48	1	5:18:32	1	5:18:32
Forch	11.30		5:33	264	24:03	555	24:03	77.61	6:21:15	4:54	1	6:21:15	1	6:21:15
Egg	8.75		5:57	281	19:59	654	19:59	86.36	7:13:25	5:01	1	7:13:25	1	7:13:25
Zumikon	12.99		5:31	264	24:48	538	24:48	99.35	8:25:12	5:05	1	8:25:12	1	8:25:12
Witikon	6.91		4:39	202	11:10	361	11:10	106.26	8:57:24	5:03	1	8:57:24	1	8:57:24
Fluntern	4.90		4:20	77	4:59	108	4:59	111.16	9:18:42	5:01	1	9:18:42	1	9:18:42
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Irchel	5.64		5:08	224	10:19	443	10:19	116.80	9:47:40	5:01	191	2:55:44	237	2:55:44