



38. SOLA-Stafette

Zürich / 07.05.2011

□□□□

SIAF Super Inspired Allergy Fighters □□□: 11:04:08

□□: Ang.

□□: 10.55 km/h

□□: 795

□□□□: 5:44 min/km

□□: 116.80 km

Sola-Stafette

□□□□□: 689 (of 790)

□□□□□□: 6:52:28

□□□□:

□□□□□: 299(of 313)

Schnelle

□□□□□□□: 6:52:28

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:27	214	8:12	418	8:12	4.40	24:01	5:27	1	24:01	1	24:01
Buchlern	13.25		4:32	183	17:05	303	17:05	17.65	1:24:07	4:45	1	1:24:07	1	1:24:07
Uetliberg	6.20		6:32	263	14:58	560	14:58	23.85	2:04:41	5:13	1	2:04:41	1	2:04:41
Felsenegg	5.90		5:51	273	14:39	613	14:39	29.75	2:39:17	5:21	1	2:39:17	1	2:39:17
Buchlern	14.02		6:24	309	42:05	767	42:05	43.77	4:09:10	5:41	1	4:09:10	1	4:09:10
Hönggerberg	11.10		5:18	226	19:47	447	19:47	54.87	5:08:06	5:36	1	5:08:06	1	5:08:06
Irchel	5.10		5:29	231	11:12	437	11:12	59.97	5:36:04	5:36	1	5:36:04	1	5:36:04
Fluntern	6.34		5:05	195	10:31	346	10:31	66.31	6:08:23	5:33	1	6:08:23	1	6:08:23
Forch	11.30		5:44	281	26:15	617	26:15	77.61	7:13:18	5:34	1	7:13:18	1	7:13:18
Egg	8.75		6:43	309	26:43	757	26:43	86.36	8:12:12	5:41	1	8:12:12	1	8:12:12
Zumikon	12.99		5:43	284	27:17	603	27:17	99.35	9:26:28	5:42	1	9:26:28	1	9:26:28
Witikon	6.91		5:44	301	18:40	716	18:40	106.26	10:06:10	5:42	1	10:06:10	1	10:06:10
Fluntern	4.90		4:45	156	6:58	233	6:58	111.16	10:29:27	5:39	1	10:29:27	1	10:29:27
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		6:08	308	16:02	730	16:02	116.80	11:04:08	5:41	306	4:12:12	708	4:12:12