



38. SOLA-Stafette

Zürich / 07.05.2011

□□□□

SO LAzed

□□: Ang.

□□: 796

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 10:01:12

□□: 11.58 km/h

□□□□: 5:11 min/km

□□□□□: 313 (of 790)

□□□□□□: 6:52:28

□□□□□: 225(of 313)

□□□□□□□: 6:52:28

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ |
|-------------|----------|----------|--------------|---------|---------|-----------|-----------|-----------|-----------|---------------|---------|---------|-----------|-----------|
| Hönggerberg | 4.40 | | 5:50 | 263 | 9:55 | 574 | 9:55 | 4.40 | 25:44 | 5:50 | 1 | 25:44 | 1 | 25:44 |
| Buchlern | 13.25 | | 4:42 | 219 | 19:16 | 402 | 19:16 | 17.65 | 1:28:01 | 4:59 | 1 | 1:28:01 | 1 | 1:28:01 |
| Uetliberg | 6.20 | | 6:20 | 238 | 13:45 | 482 | 13:45 | 23.85 | 2:07:22 | 5:20 | 1 | 2:07:22 | 1 | 2:07:22 |
| Felsenegg | 5.90 | | 5:09 | 188 | 10:31 | 339 | 10:31 | 29.75 | 2:37:50 | 5:18 | 1 | 2:37:50 | 1 | 2:37:50 |
| Buchlern | 14.02 | | 4:42 | 161 | 18:12 | 266 | 18:12 | 43.77 | 3:43:50 | 5:06 | 1 | 3:43:50 | 1 | 3:43:50 |
| Hönggerberg | 11.10 | | 4:33 | 74 | 11:25 | 118 | 11:25 | 54.87 | 4:34:24 | 5:00 | 1 | 4:34:24 | 1 | 4:34:24 |
| Irchel | 5.10 | | 7:35 | 309 | 21:58 | 772 | 21:58 | 59.97 | 5:13:08 | 5:13 | 1 | 5:13:08 | 1 | 5:13:08 |
| Fluntern | 6.34 | | 5:01 | 184 | 10:05 | 319 | 10:05 | 66.31 | 5:45:01 | 5:12 | 1 | 5:45:01 | 1 | 5:45:01 |
| Forch | 11.30 | | 5:01 | 171 | 18:02 | 283 | 18:02 | 77.61 | 6:41:43 | 5:10 | 1 | 6:41:43 | 1 | 6:41:43 |
| Egg | 8.75 | | 6:37 | 307 | 25:49 | 751 | 25:49 | 86.36 | 7:39:43 | 5:19 | 1 | 7:39:43 | 1 | 7:39:43 |
| Zumikon | 12.99 | | 4:31 | 77 | 11:54 | 103 | 11:54 | 99.35 | 8:38:36 | 5:13 | 1 | 8:38:36 | 1 | 8:38:36 |
| Witikon | 6.91 | | 5:08 | 264 | 14:29 | 577 | 14:29 | 106.26 | 9:14:07 | 5:12 | 1 | 9:14:07 | 1 | 9:14:07 |
| Fluntern | 4.90 | | 4:22 | 84 | 5:07 | 116 | 5:07 | 111.16 | 9:35:33 | 5:10 | 1 | 9:35:33 | 1 | 9:35:33 |
| □□□ | - | fehlt! | - | - | - | - | - | 111.16 | - | - | - | - | - | - |
| Irchel | 5.64 | | 4:32 | 109 | 7:00 | 181 | 7:00 | 116.80 | 10:01:12 | 5:08 | 231 | 3:09:16 | 329 | 3:09:16 |