



38. SOLA-Stafette

Zürich / 07.05.2011

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SZ Trail Blazers

□□: Ang.

□□: 799

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 10:59:13

□□: 10.56 km/h

□□□□: 5:41 min/km

□□□□□: 668 (of 790)

□□□□□□: 6:52:28

□□□□□: 297(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		6:22	297	12:16	707	12:16	4.40	28:05	6:22	1	28:05	1	28:05
Buchlern	13.25		4:34	196	17:38	333	17:38	17.65	1:28:44	5:01	1	1:28:44	1	1:28:44
Uetliberg	6.20		7:48	305	22:51	746	22:51	23.85	2:17:11	5:45	1	2:17:11	1	2:17:11
Felsenegg	5.90		5:37	251	13:17	535	13:17	29.75	2:50:25	5:43	1	2:50:25	1	2:50:25
Buchlern	14.02		4:29	115	15:13	172	15:13	43.77	3:53:26	5:19	1	3:53:26	1	3:53:26
Hönggerberg	11.10		5:44	275	24:35	622	24:35	54.87	4:57:10	5:24	1	4:57:10	1	4:57:10
Irchel	5.10		5:50	266	13:03	552	13:03	59.97	5:26:59	5:27	1	5:26:59	1	5:26:59
Fluntern	6.34		5:30	262	13:06	560	13:06	66.31	6:01:53	5:27	1	6:01:53	1	6:01:53
Forch	11.30		5:25	244	22:42	496	22:42	77.61	7:03:15	5:27	1	7:03:15	1	7:03:15
Egg	8.75		5:43	272	17:55	591	17:55	86.36	7:53:21	5:28	1	7:53:21	1	7:53:21
Zumikon	12.99		6:52	311	42:25	773	42:25	99.35	9:22:45	5:39	1	9:22:45	1	9:22:45
Witikon	6.91		6:05	306	21:06	751	21:06	106.26	10:04:53	5:41	1	10:04:53	1	10:04:53
Fluntern	4.90		5:45	272	11:54	578	11:54	111.16	10:33:06	5:41	1	10:33:06	1	10:33:06
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Irchel	5.64		4:37	135	7:28	229	7:28	116.80	10:59:13	5:38	304	4:07:17	687	4:07:17