



38. SOLA-Stafette

Zürich / 07.05.2011

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WagiWagi & Friends

□□: Ang.

□□: 801

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 9:18:28

□□: 12.46 km/h

□□□□: 4:49 min/km

□□□□□: 94 (of 790)

□□□□□□: 6:52:28

□□□□□: 88(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		4:59	123	6:07	204	6:07	4.40	21:56	4:59	1	21:56	1	21:56
Buchlern	13.25		4:12	93	12:49	126	12:49	17.65	1:17:46	4:24	1	1:17:46	1	1:17:46
Uetliberg	6.20		5:25	83	8:04	122	8:04	23.85	1:51:26	4:40	1	1:51:26	1	1:51:26
Felsenegg	5.90		4:48	117	8:26	189	8:26	29.75	2:19:49	4:41	1	2:19:49	1	2:19:49
Buchlern	14.02		4:21	92	13:15	127	13:15	43.77	3:20:52	4:35	1	3:20:52	1	3:20:52
Hönggerberg	11.10		4:46	132	13:55	216	13:55	54.87	4:13:56	4:37	1	4:13:56	1	4:13:56
Irchel	5.10		5:05	169	9:14	288	9:14	59.97	4:39:56	4:40	1	4:39:56	1	4:39:56
Fluntern	6.34		4:24	64	6:09	85	6:09	66.31	5:07:53	4:38	1	5:07:53	1	5:07:53
Forch	11.30		4:45	123	15:11	177	15:11	77.61	6:01:44	4:39	1	6:01:44	1	6:01:44
Egg	8.75		5:18	211	14:16	396	14:16	86.36	6:48:11	4:43	1	6:48:11	1	6:48:11
Zumikon	12.99		4:55	159	17:02	245	17:02	99.35	7:52:12	4:45	1	7:52:12	1	7:52:12
Witikon	6.91		4:27	157	9:44	267	9:44	106.26	8:22:58	4:44	1	8:22:58	1	8:22:58
Fluntern	4.90		4:52	177	7:36	277	7:36	111.16	8:46:53	4:44	1	8:46:53	1	8:46:53
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Irchel	5.64		5:35	275	12:56	618	12:56	116.80	9:18:28	4:46	91	2:26:32	101	2:26:32