



38. SOLA-Stafette

Zürich / 07.05.2011

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Kantonspolizei Zürich

□□: G_ste

□□: 812

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 8:22:44

□□: 13.94 km/h

□□□□: 4:20 min/km

□□□□□: 28 (of 790)

□□□□□□: 6:52:28

□□□□□: 28(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		4:19	34	3:12	42	3:12	4.40	19:01	4:19	1	19:01	1	19:01
Buchlern	13.25		4:01	63	10:19	78	10:19	17.65	1:12:21	4:05	1	1:12:21	1	1:12:21
Uetliberg	6.20		5:28	92	8:20	135	8:20	23.85	1:46:17	4:27	1	1:46:17	1	1:46:17
Felsenegg	5.90		4:35	73	7:08	103	7:08	29.75	2:13:22	4:28	1	2:13:22	1	2:13:22
Buchlern	14.02		4:20	90	13:07	124	13:07	43.77	3:14:17	4:26	1	3:14:17	1	3:14:17
Hönggerberg	11.10		4:12	30	7:38	42	7:38	54.87	4:01:04	4:23	1	4:01:04	1	4:01:04
Irchel	5.10		4:01	24	3:44	30	3:44	59.97	4:21:34	4:21	1	4:21:34	1	4:21:34
Fluntern	6.34		4:15	37	5:09	50	5:09	66.31	4:48:31	4:21	1	4:48:31	1	4:48:31
Forch	11.30		4:35	88	13:12	120	13:12	77.61	5:40:23	4:23	1	5:40:23	1	5:40:23
Egg	8.75		4:30	63	7:16	80	7:16	86.36	6:19:50	4:23	1	6:19:50	1	6:19:50
Zumikon	12.99		4:00	15	5:07	15	5:07	99.35	7:11:56	4:20	1	7:11:56	1	7:11:56
Witikon	6.91		3:33	19	3:36	23	3:36	106.26	7:36:34	4:17	1	7:36:34	1	7:36:34
Fluntern	4.90		4:22	87	5:08	119	5:08	111.16	7:58:01	4:18	1	7:58:01	1	7:58:01
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Irchel	5.64		4:22	73	6:04	114	6:04	116.80	8:22:44	4:18	29	1:30:48	31	1:30:48