



38. SOLA-Stafette

Zürich / 07.05.2011

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HYDRO olympique

□□: ausl. HS

□□: 817

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 10:28:55

□□: 11.14 km/h

□□□□: 5:26 min/km

□□□□□: 505 (of 790)

□□□□□□: 6:52:28

□□□□□: 279(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:19	187	7:37	351	7:37	4.40	23:26	5:19	1	23:26	1	23:26
Buchlern	13.25		5:39	301	31:51	740	31:51	17.65	1:38:18	5:34	1	1:38:18	1	1:38:18
Uetliberg	6.20		5:32	105	8:45	159	8:45	23.85	2:12:39	5:33	1	2:12:39	1	2:12:39
Felsenegg	5.90		5:55	281	14:59	634	14:59	29.75	2:47:35	5:37	1	2:47:35	1	2:47:35
Buchlern	14.02		4:01	37	8:42	42	8:42	43.77	3:44:05	5:07	1	3:44:05	1	3:44:05
Hönggerberg	11.10		5:38	267	23:23	585	23:23	54.87	4:46:37	5:13	1	4:46:37	1	4:46:37
Irchel	5.10		5:26	225	10:59	423	10:59	59.97	5:14:22	5:14	1	5:14:22	1	5:14:22
Fluntern	6.34		5:24	252	12:30	520	12:30	66.31	5:48:40	5:15	1	5:48:40	1	5:48:40
Forch	11.30		6:24	308	33:41	740	33:41	77.61	7:01:01	5:25	1	7:01:01	1	7:01:01
Egg	8.75		5:17	209	14:11	387	14:11	86.36	7:47:23	5:24	1	7:47:23	1	7:47:23
Zumikon	12.99		5:12	213	20:38	376	20:38	99.35	8:55:00	5:23	1	8:55:00	1	8:55:00
Witikon	6.91		4:46	227	12:00	435	12:00	106.26	9:28:02	5:20	1	9:28:02	1	9:28:02
Fluntern	4.90		5:34	256	11:01	517	11:01	111.16	9:55:22	5:21	1	9:55:22	1	9:55:22
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Irchel	5.64		5:56	298	14:54	688	14:54	116.80	10:28:55	5:23	286	3:36:59	523	3:36:59