



38. SOLA-Stafette

Zürich / 07.05.2011

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Running for Polyball

□□: G_ste
□□: 819

□□□: 11:31:10

□□: - km/h
□□□□: 5:58 min/km

Enduro E Bike

□□□□□: 746 (of 790)

□□□□□□: 6:52:28

□□□□:

□□□□□: 305(of 313)

Schnelle

□□□□□□□: 6:52:28

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□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		6:49	309	14:12	753	14:12	4.40	30:01	6:49	1	30:01	1	30:01
Buchlern	13.25		6:06	309	37:57	772	37:57	17.65	1:50:59	6:17	1	1:50:59	1	1:50:59
Uetliberg	6.20		8:07	307	24:47	761	24:47	23.85	2:41:22	6:45	1	2:41:22	1	2:41:22
Felsenegg	5.90		7:35	313	24:49	783	24:49	29.75	3:26:08	6:55	1	3:26:08	1	3:26:08
Buchlern	14.02		5:03	234	23:05	460	23:05	43.77	4:37:01	6:19	1	4:37:01	1	4:37:01
Hönggerberg	11.10		7:16	311	41:33	779	41:33	54.87	5:57:43	6:31	1	5:57:43	1	5:57:43
Irchel	5.10		4:36	82	6:42	122	6:42	59.97	6:21:11	6:21	1	6:21:11	1	6:21:11
Fluntern	6.34		5:31	264	13:12	567	13:12	66.31	6:56:11	6:16	1	6:56:11	1	6:56:11
Forch	11.30		5:52	292	27:48	665	27:48	77.61	8:02:39	6:13	1	8:02:39	1	8:02:39
Egg	8.75		5:41	265	17:37	574	17:37	86.36	8:52:27	6:09	1	8:52:27	1	8:52:27
Zumikon	12.99		5:07	202	19:36	340	19:36	99.35	9:59:02	6:01	1	9:59:02	1	9:59:02
Witikon	6.91		4:58	249	13:20	519	13:20	106.26	10:33:24	5:57	1	10:33:24	1	10:33:24
Fluntern	4.90		5:53	277	12:31	613	12:31	111.16	11:02:14	5:57	1	11:02:14	1	11:02:14
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		5:07	223	10:17	442	10:17	-	11:31:10	-	313	4:39:14	766	4:39:14