



38. SOLA-Stafette

Zürich / 07.05.2011

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Hubble Flow

□□: UNI
□□: 83

□□: 116.80 km
Sola-Stafette

□□□□:
Langsame

□□□: 9:50:21

□□: 11.79 km/h
□□□□: 5:03 min/km

□□□□□: 236 (of 790)

□□□□□□: 6:52:28

□□□□□: 47(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		7:05	459	14:02	769	15:25	4.40	31:14	7:05	1	31:14	1	31:14
Buchlern	13.25		4:12	32	8:14	123	12:44	17.65	1:26:59	4:55	1	1:26:59	1	1:26:59
Uetliberg	6.20		5:05	9	2:20	48	5:56	23.85	1:58:31	4:58	1	1:58:31	1	1:58:31
Felsenegg	5.90		4:32	21	4:07	88	6:48	29.75	2:25:16	4:52	1	2:25:16	1	2:25:16
Buchlern	14.02		4:58	193	17:56	414	21:57	43.77	3:35:01	4:54	1	3:35:01	1	3:35:01
Hönggerberg	11.10		5:21	233	17:35	466	20:16	54.87	4:34:26	5:00	1	4:34:26	1	4:34:26
Irchel	5.10		5:19	169	8:03	372	10:23	59.97	5:01:35	5:01	1	5:01:35	1	5:01:35
Fluntern	6.34		5:42	330	12:19	610	14:24	66.31	5:37:47	5:05	1	5:37:47	1	5:37:47
Forch	11.30		6:06	400	27:31	701	30:23	77.61	6:46:50	5:14	1	6:46:50	1	6:46:50
Egg	8.75		4:55	73	9:40	206	10:54	86.36	7:29:55	5:12	1	7:29:55	1	7:29:55
Zumikon	12.99		4:39	42	7:21	149	13:30	99.35	8:30:24	5:08	1	8:30:24	1	8:30:24
Witikon	6.91		3:58	22	3:37	76	6:25	106.26	8:57:51	5:03	1	8:57:51	1	8:57:51
Fluntern	4.90		5:35	266	10:32	524	11:04	111.16	9:25:14	5:05	1	9:25:14	1	9:25:14
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Irchel	5.64		4:27	51	4:54	136	6:28	116.80	9:50:21	5:03	55	1:40:09	250	2:58:25