



38. SOLA-Stafette

Zürich / 07.05.2011

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King Küings Kumpels

□□: ETH
□□: 90

□□: 116.80 km
Sola-Stafette

□□□□:
Langsame

□□□: 10:54:08

□□: 10.64 km/h
□□□□: 5:36 min/km

□□□□□: 644 (of 790)

□□□□□□: 6:52:28

□□□□□: 350(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:47	295	8:16	556	9:39	4.40	25:28	5:47	1	25:28	1	25:28
Buchlern	13.25		5:13	366	21:44	652	26:14	17.65	1:34:43	5:21	1	1:34:43	1	1:34:43
Uetliberg	6.20		5:51	112	7:10	281	10:46	23.85	2:11:05	5:29	1	2:11:05	1	2:11:05
Felsenegg	5.90		5:08	150	7:45	334	10:26	29.75	2:41:28	5:25	1	2:41:28	1	2:41:28
Buchlern	14.02		5:22	314	23:27	588	27:28	43.77	3:56:44	5:24	1	3:56:44	1	3:56:44
Hönggerberg	11.10		6:34	452	31:07	756	33:48	54.87	5:09:41	5:38	1	5:09:41	1	5:09:41
Irchel	5.10		5:39	241	9:43	490	12:03	59.97	5:38:30	5:38	1	5:38:30	1	5:38:30
Fluntern	6.34		5:11	186	9:04	408	11:09	66.31	6:11:27	5:36	1	6:11:27	1	6:11:27
Forch	11.30		6:29	439	31:44	747	34:36	77.61	7:24:43	5:43	1	7:24:43	1	7:24:43
Egg	8.75		5:54	362	18:14	642	19:28	86.36	8:16:22	5:44	1	8:16:22	1	8:16:22
Zumikon	12.99		5:49	352	22:34	641	28:43	99.35	9:32:04	5:45	1	9:32:04	1	9:32:04
Witikon	6.91		4:26	109	6:50	261	9:38	106.26	10:02:44	5:40	1	10:02:44	1	10:02:44
Fluntern	4.90		5:30	247	10:10	501	10:42	111.16	10:29:45	5:39	1	10:29:45	1	10:29:45
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Irchel	5.64		4:19	33	4:10	98	5:44	116.80	10:54:08	5:36	362	2:43:56	663	4:02:12