



# 38. SOLA-Stafette

Zürich / 07.05.2011

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## Les fusäes galäniques

□□: ETH

□□: 93

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 10:04:58

□□: 11.50 km/h

□□□□: 5:10 min/km

□□□□□: 339 (of 790)

□□□□□□: 6:52:28

□□□□□: 106(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		6:17	401	10:27	690	11:50	4.40	27:39	6:17	1	27:39	1	27:39
Buchlern	13.25		4:25	85	11:12	237	15:42	17.65	1:26:22	4:53	1	1:26:22	1	1:26:22
Uetliberg	6.20		5:57	140	7:46	332	11:22	23.85	2:03:20	5:10	1	2:03:20	1	2:03:20
Felsenegg	5.90		5:30	248	9:53	482	12:34	29.75	2:35:51	5:14	1	2:35:51	1	2:35:51
Buchlern	14.02		4:41	102	14:02	261	18:03	43.77	3:41:42	5:03	1	3:41:42	1	3:41:42
Hönggerberg	11.10		5:27	257	18:41	501	21:22	54.87	4:42:13	5:08	1	4:42:13	1	4:42:13
Irchel	5.10		5:40	251	9:53	501	12:13	59.97	5:11:12	5:11	1	5:11:12	1	5:11:12
Fluntern	6.34		5:44	338	12:32	618	14:37	66.31	5:47:37	5:14	1	5:47:37	1	5:47:37
Forch	11.30		5:24	244	19:34	483	22:26	77.61	6:48:43	5:15	1	6:48:43	1	6:48:43
Egg	8.75		5:14	155	12:28	355	13:42	86.36	7:34:36	5:15	1	7:34:36	1	7:34:36
Zumikon	12.99		4:16	7	2:26	47	8:35	99.35	8:30:10	5:08	1	8:30:10	1	8:30:10
Witikon	6.91		5:01	290	10:56	544	13:44	106.26	9:04:56	5:07	1	9:04:56	1	9:04:56
Fluntern	4.90		5:47	315	11:34	588	12:06	111.16	9:33:21	5:09	1	9:33:21	1	9:33:21
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Irchel	5.64		5:36	345	11:24	620	12:58	116.80	10:04:58	5:10	116	1:54:46	355	3:13:02