



38. SOLA-Stafette

Zürich / 07.05.2011

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Letztendlich

□□: ETH

□□: 94

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 10:49:28

□□: 10.72 km/h

□□□□: 5:33 min/km

□□□□□: 623 (of 790)

□□□□□□: 6:52:28

□□□□□: 329(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:58	344	9:04	612	10:27	4.40	26:16	5:58	1	26:16	1	26:16
Buchlern	13.25		5:31	425	25:42	723	30:12	17.65	1:39:29	5:38	1	1:39:29	1	1:39:29
Uetliberg	6.20		6:23	256	10:24	495	14:00	23.85	2:19:05	5:49	1	2:19:05	1	2:19:05
Felsenegg	5.90		5:23	208	9:08	427	11:49	29.75	2:50:51	5:44	1	2:50:51	1	2:50:51
Buchlern	14.02		4:56	182	17:30	396	21:31	43.77	4:00:10	5:29	1	4:00:10	1	4:00:10
Hönggerberg	11.10		5:15	205	16:37	424	19:18	54.87	4:58:37	5:26	1	4:58:37	1	4:58:37
Irchel	5.10		8:32	471	24:27	783	26:47	59.97	5:42:10	5:42	1	5:42:10	1	5:42:10
Fluntern	6.34		5:45	342	12:35	623	14:40	66.31	6:18:38	5:42	1	6:18:38	1	6:18:38
Forch	11.30		5:01	116	15:14	289	18:06	77.61	7:15:24	5:36	1	7:15:24	1	7:15:24
Egg	8.75		6:08	403	20:21	695	21:35	86.36	8:09:10	5:39	1	8:09:10	1	8:09:10
Zumikon	12.99		4:46	60	8:53	191	15:02	99.35	9:11:11	5:32	1	9:11:11	1	9:11:11
Witikon	6.91		5:06	305	11:26	563	14:14	106.26	9:46:27	5:31	1	9:46:27	1	9:46:27
Fluntern	4.90		4:57	121	7:27	312	7:59	111.16	10:10:45	5:29	1	10:10:45	1	10:10:45
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		6:51	463	18:30	775	20:04	116.80	10:49:28	5:33	341	2:39:16	642	3:57:32