



38. SOLA-Stafette

Zürich / 07.05.2011

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mUWISTars

□□: ETH
□□: 100

□□: 116.80 km
Sola-Stafette

□□□□:
Langsame

□□□: 10:03:39

□□: 11.53 km/h
□□□□: 5:10 min/km

□□□□□: 331 (of 790)

□□□□□□: 6:52:28

□□□□□: 100(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:04	96	5:10	246	6:33	4.40	22:22	5:04	1	22:22	1	22:22
Buchlern	13.25		4:33	132	12:53	323	17:23	17.65	1:22:46	4:41	1	1:22:46	1	1:22:46
Uetliberg	6.20		5:56	132	7:37	316	11:13	23.85	1:59:35	5:00	1	1:59:35	1	1:59:35
Felsenegg	5.90		4:51	84	6:03	211	8:44	29.75	2:28:16	4:59	1	2:28:16	1	2:28:16
Buchlern	14.02		6:09	443	34:34	749	38:35	43.77	3:54:39	5:21	1	3:54:39	1	3:54:39
Hönggerberg	11.10		4:51	104	12:10	249	14:51	54.87	4:48:39	5:15	1	4:48:39	1	4:48:39
Irchel	5.10		5:08	134	7:09	308	9:29	59.97	5:14:54	5:15	1	5:14:54	1	5:14:54
Fluntern	6.34		5:21	249	10:04	494	12:09	66.31	5:48:51	5:15	1	5:48:51	1	5:48:51
Forch	11.30		5:23	239	19:27	477	22:19	77.61	6:49:50	5:16	1	6:49:50	1	6:49:50
Egg	8.75		4:46	44	8:21	148	9:35	86.36	7:31:36	5:13	1	7:31:36	1	7:31:36
Zumikon	12.99		4:39	44	7:28	154	13:37	99.35	8:32:12	5:09	1	8:32:12	1	8:32:12
Witikon	6.91		4:54	249	10:02	493	12:50	106.26	9:06:04	5:08	1	9:06:04	1	9:06:04
Fluntern	4.90		5:43	299	11:12	566	11:44	111.16	9:34:07	5:09	1	9:34:07	1	9:34:07
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		5:14	254	9:19	490	10:53	116.80	10:03:39	5:10	110	1:53:27	347	3:11:43