



# 38. SOLA-Stafette

Zürich / 07.05.2011

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## Oase Dream Team

□□: ETH

□□: 101

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 10:25:06

□□: 11.13 km/h

□□□□: 5:21 min/km

□□□□□: 473 (of 790)

□□□□□□: 6:52:28

□□□□□: 200(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:38	260	7:39	508	9:02	4.40	24:51	5:38	1	24:51	1	24:51
Buchlern	13.25		4:33	134	12:56	326	17:26	17.65	1:25:18	4:49	1	1:25:18	1	1:25:18
Uetliberg	6.20		5:55	129	7:35	312	11:11	23.85	2:02:05	5:07	1	2:02:05	1	2:02:05
Felsenegg	5.90		4:27	15	3:43	75	6:24	29.75	2:28:26	4:59	1	2:28:26	1	2:28:26
Buchlern	14.02		5:30	352	25:19	637	29:20	43.77	3:45:34	5:09	1	3:45:34	1	3:45:34
Hönggerberg	11.10		5:47	360	22:23	638	25:04	54.87	4:49:47	5:16	1	4:49:47	1	4:49:47
Irchel	5.10		4:45	65	5:11	180	7:31	59.97	5:14:04	5:14	1	5:14:04	1	5:14:04
Fluntern	6.34		5:24	269	10:25	520	12:30	66.31	5:48:22	5:15	1	5:48:22	1	5:48:22
Forch	11.30		5:01	117	15:16	290	18:08	77.61	6:45:10	5:13	1	6:45:10	1	6:45:10
Egg	8.75		5:29	250	14:39	491	15:53	86.36	7:33:14	5:14	1	7:33:14	1	7:33:14
Zumikon	12.99		5:47	344	22:06	632	28:15	99.35	8:48:28	5:19	1	8:48:28	1	8:48:28
Witikon	6.91		4:27	111	6:58	269	9:46	106.26	9:19:16	5:15	1	9:19:16	1	9:19:16
Fluntern	4.90		6:45	450	16:18	757	16:50	111.16	9:52:25	5:19	1	9:52:25	1	9:52:25
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Irchel	5.64		5:47	377	12:28	665	14:02	116.80	10:25:06	5:21	211	2:14:54	491	3:33:10