



38. SOLA-Stafette

Zürich / 07.05.2011

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Out of Control

□□: ETH

□□: 102

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 10:10:49

□□: 11.39 km/h

□□□□: 5:13 min/km

□□□□□: 382 (of 790)

□□□□□□: 6:52:28

□□□□□: 132(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:43	279	7:59	534	9:22	4.40	25:11	5:43	1	25:11	1	25:11
Buchlern	13.25		4:22	72	10:29	210	14:59	17.65	1:23:11	4:42	1	1:23:11	1	1:23:11
Uetliberg	6.20		5:39	73	5:51	204	9:27	23.85	1:58:14	4:57	1	1:58:14	1	1:58:14
Felsenegg	5.90		4:53	90	6:15	228	8:56	29.75	2:27:07	4:56	1	2:27:07	1	2:27:07
Buchlern	14.02		5:13	275	21:32	534	25:33	43.77	3:40:28	5:02	1	3:40:28	1	3:40:28
Hönggerberg	11.10		5:57	395	24:18	680	26:59	54.87	4:46:36	5:13	1	4:46:36	1	4:46:36
Irchel	5.10		4:51	82	5:41	213	8:01	59.97	5:11:23	5:11	1	5:11:23	1	5:11:23
Fluntern	6.34		4:47	68	6:28	193	8:33	66.31	5:41:44	5:09	1	5:41:44	1	5:41:44
Forch	11.30		4:52	72	13:29	213	16:21	77.61	6:36:45	5:06	1	6:36:45	1	6:36:45
Egg	8.75		5:49	346	17:31	623	18:45	86.36	7:27:41	5:11	1	7:27:41	1	7:27:41
Zumikon	12.99		5:40	307	20:33	581	26:42	99.35	8:41:22	5:14	1	8:41:22	1	8:41:22
Witikon	6.91		4:30	123	7:17	290	10:05	106.26	9:12:29	5:11	1	9:12:29	1	9:12:29
Fluntern	4.90		5:46	308	11:27	580	11:59	111.16	9:40:47	5:13	1	9:40:47	1	9:40:47
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		5:19	282	9:49	531	11:23	116.80	10:10:49	5:13	142	2:00:37	397	3:18:53