



38. SOLA-Stafette

Zürich / 07.05.2011

□□□□

Out of Control

□□: ETH
□□: 102

□□: 116.80 km
Sola-Stafette

□□□□:
Langsame

□□□: 10:10:49

□□: 11.39 km/h
□□□□: 5:13 min/km

□□□□□: 382 (of 790)

□□□□□□: 6:52:28

□□□□□: 132(of 477)

□□□□□□□: 8:43:10

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ |
|-------------|----------|----------|--------------|---------|---------|-----------|-----------|-----------|-----------|---------------|---------|---------|-----------|-----------|
| Hönggerberg | 4.40 | | 5:43 | 279 | 7:59 | 534 | 9:22 | 4.40 | 25:11 | 5:43 | 1 | 25:11 | 1 | 25:11 |
| Buchlern | 13.25 | | 4:22 | 72 | 10:29 | 210 | 14:59 | 17.65 | 1:23:11 | 4:42 | 1 | 1:23:11 | 1 | 1:23:11 |
| Uetliberg | 6.20 | | 5:39 | 73 | 5:51 | 204 | 9:27 | 23.85 | 1:58:14 | 4:57 | 1 | 1:58:14 | 1 | 1:58:14 |
| Felsenegg | 5.90 | | 4:53 | 90 | 6:15 | 228 | 8:56 | 29.75 | 2:27:07 | 4:56 | 1 | 2:27:07 | 1 | 2:27:07 |
| Buchlern | 14.02 | | 5:13 | 275 | 21:32 | 534 | 25:33 | 43.77 | 3:40:28 | 5:02 | 1 | 3:40:28 | 1 | 3:40:28 |
| Hönggerberg | 11.10 | | 5:57 | 395 | 24:18 | 680 | 26:59 | 54.87 | 4:46:36 | 5:13 | 1 | 4:46:36 | 1 | 4:46:36 |
| Irchel | 5.10 | | 4:51 | 82 | 5:41 | 213 | 8:01 | 59.97 | 5:11:23 | 5:11 | 1 | 5:11:23 | 1 | 5:11:23 |
| Fluntern | 6.34 | | 4:47 | 68 | 6:28 | 193 | 8:33 | 66.31 | 5:41:44 | 5:09 | 1 | 5:41:44 | 1 | 5:41:44 |
| Forch | 11.30 | | 4:52 | 72 | 13:29 | 213 | 16:21 | 77.61 | 6:36:45 | 5:06 | 1 | 6:36:45 | 1 | 6:36:45 |
| Egg | 8.75 | | 5:49 | 346 | 17:31 | 623 | 18:45 | 86.36 | 7:27:41 | 5:11 | 1 | 7:27:41 | 1 | 7:27:41 |
| Zumikon | 12.99 | | 5:40 | 307 | 20:33 | 581 | 26:42 | 99.35 | 8:41:22 | 5:14 | 1 | 8:41:22 | 1 | 8:41:22 |
| Witikon | 6.91 | | 4:30 | 123 | 7:17 | 290 | 10:05 | 106.26 | 9:12:29 | 5:11 | 1 | 9:12:29 | 1 | 9:12:29 |
| Fluntern | 4.90 | | 5:46 | 308 | 11:27 | 580 | 11:59 | 111.16 | 9:40:47 | 5:13 | 1 | 9:40:47 | 1 | 9:40:47 |
| □□□ | - | fehlt! | - | - | - | - | - | 111.16 | - | - | - | - | - | - |
| Irchel | 5.64 | | 5:19 | 282 | 9:49 | 531 | 11:23 | 116.80 | 10:10:49 | 5:13 | 142 | 2:00:37 | 397 | 3:18:53 |