



4. Hohegeißer Bergduathlon

Hohegeiß / 08.05.2011

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Kühlmann, Thomas

□□□: 2:09:47

□□: NSV Wernigerode / HRSC Wernigerode

□□: 107

□□: 55.00 km

HarzMan 10,0-40,0-5,0

□□□□□/□□□: 2 (of 27)

□□□□□/□: 2 (of 25)

□□□□□□: 2:04:19

□□□□:

AK 1 männlich (20-29 Jahre)

□□□□□: 1(of 3)

□□□□□□□: 2:09:47

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	2.50	7:36	3:02	1	-	1	-	2.50	7:36	3:02	1	-	-	22	
□□ 2	2.50	7:52	3:08	1	-	1	-	5.00	15:28	3:05	1	-	-	24	
□□ 3	2.50	8:11	3:16	1	-	1	-	7.50	23:39	3:09	1	-	-	24	
□□□ Rad	2.50	9:03	3:37	1	-	2	0:14	10.00	32:42	3:16	1	-	-	24	
□□ 1	10.00	0:21	0:02	2	0:01	3	0:01	20.00	33:03	1:39	1	-	-	24	
□□ 2	10.00	18:59	1:53	1	-	3	0:42	30.00	52:02	1:44	1	-	-	24	
□□ 3	10.00	19:16	1:55	1	-	3	1:20	40.00	1:11:18	1:46	1	-	-	24	
□□ 4	0.50	20:09	40:17	2	0:27	7	2:09	40.50	1:31:27	2:15	1	-	-	24	
□□□ Rad	10.00	20:34	2:03	1	-	4	2:00	50.50	1:52:01	2:13	1	-	-	24	
□□ 1	0.50	0:26	0:52	1	-	5	0:03	51.00	1:52:27	2:12	1	-	-	24	
□□ 2	2.50	8:35	3:26	1	-	1	-	53.50	2:01:02	2:15	1	-	-	24	
□□□ Lauf	2.50	8:45	3:30	1	-	1	-	55.00	2:09:47	2:21	1	-	-	2	5:28